

嘉里香港街馬

KERRY HONG KONG STREETATHON 2025

2025.11.23

跑手須知

RUNNER GUIDE

跑轉維港 行善作樂
Marathon for Good
Party for All



www.streetathon.com

SUSTAINABLE DEVELOPMENT GOALS



We support the Sustainable Development Goals

主辦機構
Organizer



冠名贊助
Title Sponsor



嘉里建設
KERRY PROPERTIES

活動名稱
Event Name



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馬拉松 Marathon

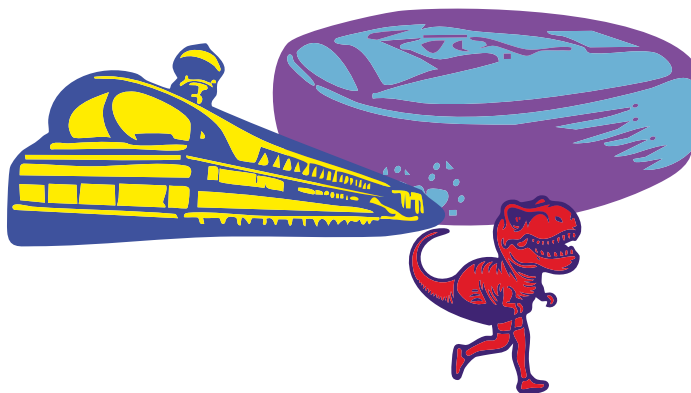
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羅君本 Ken Lo

全城街馬基金會董事局主席

Chairman of the Board
RunOurCity Foundation

感謝各位一起參與第十屆「香港街馬」慈善跑！由2014年舉行首屆，到2021及2022年因疫情而停辦，直至2023年重新舉行，終於走到今年。十二年來走到第十屆，是我們非一般的堅持。

今年「嘉里香港街馬2025」報名人數超過20,000人，為歷年之冠。推動慈善事務方面，今年聯乘高達29間慈善機構、非牟利慈善組織、跑步團體及學校，共同推廣慈善項目理念，並倡議聯合國七個可持續發展目標。屢創新高的數字對我們意義重大，證明活動在社會產生了更大的影響力。香港街馬不單止是一個大型跑步活動，是一個開放給各慈善團體的平台，令更多人認識他們的使命，擴闊不同層面的社會效益。

我們透過香港街馬籌得的善款，以及與多間不同類型機構的長期合作，持續推動各項慈善項目，致力向大眾宣揚跑步與健康生活的益處。受惠對象包括：一般的學生(Youth.ROC「街跑少年」)、有特殊學習需要的學生(「Youth.ALL」)、家庭(「BEE 自家教練」)，再擴展至不分年齡及背景的人(「全城跑團CITY RUNNERS」)！此外，「ROCademy 全城跑事研習社」致力為跑手及大眾提供訓練班，全面學習如何籌備大型跑步活動，訓練更多有熱誠籌辦跑步活動的人，令行業未來更加蓬勃。

感謝每間機構及大眾一直支持全城街馬，令更多有需要的人透過計劃而得到正面的成長及轉變。

Thanks for joining us in celebrating the 10th edition of the HONG KONG STREETATHON! Since our inaugural edition in 2014, we have embarked on a remarkable journey — one that included a pause in 2021 and 2022 due to the pandemic — before making a return in 2023 and reaching this year's significant milestone. It is through extraordinary perseverance — the very spirit that defines long-distance runners — that we proudly celebrate our tenth edition, twelve years since our journey began.

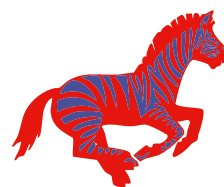
This year, more than 20,000 runners have registered for KERRY HONG KONG STREETATHON 2025 - the highest number in our history. We have partnered with 29 charity organisations, NGOs, running groups and schools to promote the mission of their charity projects while also advocating 7 United Nations' Sustainable Development Goals. These record-breaking figures are deeply meaningful to us, as they showcase STREETATHON is creating a greater impact in the community. More than just a large-scale running event, we aim for STREETATHON to provide a platform for charities to raise awareness for their missions and extend their social influence.

Through the funds raised by STREETATHON and long-term partnerships with diverse organisations, we continue to promote the benefits of running and healthy living. Our beneficiaries include: students (Youth.ROC), students with special educational needs (Youth.ALL), families (The BEE Family Coach) and people from all walks of life (CITY RUNNERS)! In addition, ROCademy offers training programmes on organising large-scale running events, nurturing the next generation of leaders to strengthen the future of the ecosystem.

We are truly grateful to every organisation and runner for your continuous support, enabling those in need to achieve positive growth and life-changing transformations through these projects.



跑，改變生命！期待活動日見！
RUN. to Transform! See you on the event day!





序言 PREFACE



梁百行 Andes Leung

全城街馬聯合創辦人及行政總裁

Co-founder and
Chief Executive Officer
RunOurCity Foundation

多謝各位一起迎來香港街馬十周年！十年以來由沒有到現在，經歷不少挑戰，資金、人手、經驗、運作、疫情等。在風雨中茁壯成長，香港街馬創造不少第一，首跑觀塘繞道、啟德隧道、東區海底隧道、將藍隧道、將軍澳跨灣大橋，及今屆尚未通車的中九龍繞道(油麻地段)。

「嘉里香港街馬2025」已經發展成一個大型慈善跑，兩年前強化快樂、慈善及國際化的方向定位，首創專屬青年的亞洲青年十公里比賽，另外與29間慈善機構、非牟利慈善組織、跑步團體及學校合作，今年更有由來自大灣區、上海、泰國、韓國的視障跑手團隊參加。

由2017年起，我們與日本「東北風土馬拉松」結盟成為「國際活動聯盟」，後來加入的還有：台北「烏來馬拉松」、泰國「崇本馬拉松」及中國「奉化馬拉松」。我們都是以跑步快樂為目標，互相派出跑手參加活動，交流文化特色及協助慈善事務。

今年跑手來自65個國家/地區，非本地跑手人數由去年3,069位，大幅增至9,323位。這證明了街馬發展的方向正確，於國際馬拉松上引起更多關注。將來會有更多不同國家的馬拉松加入聯盟，連結更多海外宣傳平台，鞏固香港街馬為全球知名的品牌，更是香港具有代表性的盛事之一。

我衷心感謝每一位跑手、贊助商、支持機構、義工及同事的長期支持，也要特別感謝香港特別行政區政府多個部門全力支持及協助，成就這一場最歡樂的慈善馬拉松！

Thanks for celebrating the 10th anniversary of the HONG KONG STREETATHON! From humble beginnings 10 years ago, we have faced many challenges - from funding, manpower, experience, and operations, to the pandemic. Yet, through adversity, we have grown stronger. Along the way, the STREETATHON has achieved many firsts: The first running event on Kwun Tong Bypass, Kai Tak Tunnel, Eastern Harbour Crossing, Tseung Kwan O - Lam Tin Tunnel, Tseung Kwan O Cross Bay Bridge, and this year, even the yet-to-be-opened Central Kowloon Bypass (Yau Ma Tei Section).

KERRY HONG KONG STREETATHON 2025 has now become a large-scale charity run. Two years ago, we strengthened our focus on joy, charity and internationalisation. We launched the first-ever Asia YOUTHRUN 10K, dedicated to teenagers, and partnered with 29 charity organisations, NGOs, running groups and schools. This year, we are proud to welcome visually-impaired runners from the Greater Bay Area, Shanghai, Thailand and South Korea.

Since 2017, we have founded the Strategic Alliance, beginning with the Tohoku Food Marathon in Japan. Later, the Ulay Marathon in Taipei, Chombueng Marathon in Thailand, Fenghua Marathon in China also joined. With a shared commitment to the joy of running, we exchange our runners to celebrate local culture and support charitable causes.

This year, runners from 65 countries/regions are joining us, significantly growing from 3,069 last year to 9,323. This demonstrates that we are on the right path, gaining greater recognition on the international marathon stage. In the future, more international marathons will join our Strategic Alliance, connecting with more overseas platforms, strengthening STREETATHON as a globally recognised brand, and cementing its status as one of Hong Kong's major events.

I would like to express my heartfelt thanks to every runner, sponsor, supporting organisation, colleague and volunteer for your long-standing support. A special thanks also goes to all the departments of the Hong Kong SAR Government for their support in making this the most joyful charity marathon.

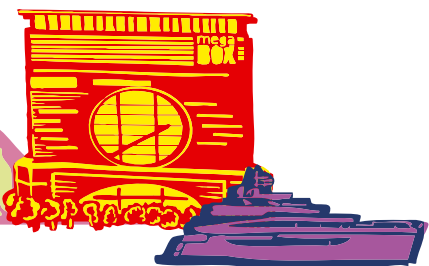
堅持創新及改進，繼續跑轉維港，行善作樂！各位跑友，街馬見！



**Let us continue to embrace innovation and improvement.
Marathon for Good, Party for All! See you at the STREETATHON!**



序言 PREFACE



郭孔華 Kuok Khoon Hua

嘉里控股有限公司董事長
Chairman, Kerry Holdings Limited



我們很高興連續三年擔任「嘉里香港街馬2025」冠名贊助，再度支持這項盛事，同時慶祝這項具代表性的賽事邁進十周年。我們欣見嘉里香港街馬持續蓬勃發展，促進社區建設與共融，成為香港最備受期待的盛事之一。

今年賽事更添矚目亮點，跑手將可率先踏足尚未通車的中九龍繞道(油麻地段)。這項獨一無二的體驗，必將為每位參與者留下難忘而珍貴的回憶。

我們深感榮幸，本屆活動匯聚29家慈善夥伴(較去年增加3家，較兩年前更幾近倍增)，攜手推動七個聯合國可持續發展目標，涵蓋青年服務、精神健康支援、家庭福祉及視障人士等議題。今年，我們的同事與合作夥伴更接受訓練，與視障跑手一同挑戰十公里賽事。讓我們為他們喝采！

最後，我謹藉此機會向「全城街馬」籌辦本次盛事表達由衷謝意，同時衷心感謝香港特別行政區政府部門，特別是香港警務處、運輸署及路政署給予的鼎力支持。

We are delighted to once again support the KERRY HONG KONG STREETATHON 2025, marking our third consecutive year as title sponsor and celebrating this iconic event's 10th anniversary. It has been heartening to witness the STREETATHON's continued growth into one of Hong Kong's most anticipated events of community building and engagement.

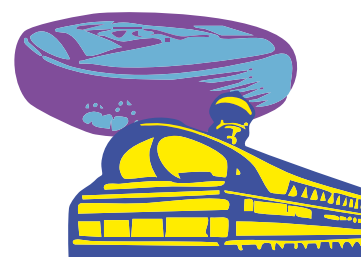
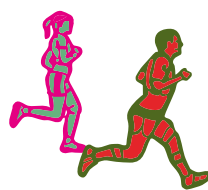
This year's race offers yet another unique feature — a once in a lifetime opportunity to run through the Central Kowloon Bypass (Yau Ma Tei Section) before it opens to traffic, making this an especially memorable experience for every participant.

We are proud to collaborate with a growing number of 29 charitable partners (up 3 from a year ago and almost double from two years ago) to promote the seven United Nations Sustainable Development Goals covering causes related to, among others, youth services, mental health support, family welfare, and the visually impaired. This year some of our colleagues and partners have been specifically training to be running companions to visually impaired runners for the 10K events. Bravo!

Last but not least I would like to take this opportunity to express our heartfelt gratitude and appreciation to RunOurCity for organising this event, and to the Hong Kong SAR government departments - particularly the Hong Kong Police Force, the Transport Department, and Highways Department for their invaluable support.

祝願各位跑手全力以赴，創出佳績！

Wishing you all an excellent run!



跑轉維港 行善作樂

Marathon for Good Party for All

嘉里香港街馬
KERRY HONG KONG STREETATHON 2025



We support the Sustainable Development Goals





社會企業「全城街馬」相信跑步不單為跑手帶來樂趣，更能為跑手自身、身邊人以至社區帶來正面改變。

「全城街馬」鼓勵青少年透過有趣、系統性的街跑活動及訓練，達至最終完成十公里賽事的目標，從中改善體能，並培養出樂觀進取、永不放棄的馬拉松精神；「全城街馬」亦多次在不同地區舉辦街馬、hong kong ladies run及不同類型跑步活動。自2013年底成立至今，「全城街馬」吸引近160,000位跑手參與不同賽事及活動，及為超過40所慈善機構籌款。其中由「全城街馬」成立的慈善項目 — 「街跑少年」計劃亦培訓超過14,000位青少年。近年更將服務推行至「有特殊學習需要學生的跑步訓練」、「BEE自家教練」的家庭健康項目和遍及各區的「全城跑團」。

今年「嘉里香港街馬2025」所籌得的善款將用以捐助慈善項目及機構。衷心感謝你支持「全城街馬」的理念，踴躍參與我們的活動。我們將繼續創新，將所有盈餘用作更多慈善項目。

RunOurCity believes RUN can transform lives. We inspire and challenge teenagers to train for distance running and achieve their goals while improving health and develop a “can-do” attitude. We organise STREETATHONS, hong kong ladies run and other themed running events to nurture fun and compassionate running culture in Hong Kong. Since 2013, we have organised running events for almost 160,000 participants, and raised funds for over 40 charities. Established by RunOurCity, the charity training programme “Youth.ROC” has also trained over 14,000 teenagers. Recently, RunOurCity extends the services to SEN Students “Youth.ALL” training, “BEE Family Coach” health programmes and “CITY RUNNERS” for all districts.

This year, we are pleased to bring you “KERRY HONG KONG STREETATHON 2025”, with proceeds supporting various non-profit organisations. On behalf of everyone at RunOurCity, thank you for sharing our vision. We will keep innovating and keep using our profits to benefit more charitable projects.

跑 • 改變生命 **RUN** • to transform

衷心感謝每一位ROC好友及義工們一直以來的支持！

今年我們動員了近2,400位工作人員及義工，包括選手包領取、行李寄存、賽道工作人員、配速及掃尾、補給站、會場工作、表演及打氣團隊以及製作與設置團隊。

在此特別鳴謝以下成員：

Thanks to all ROC friends and volunteers for your continued support!

This year, we mobilised nearly 2,400 staff and volunteers, including those responsible for race pack collection, baggage storage, course marshals, pacers and sweepers, refreshment stations, event management, performance and cheering teams, as well as production and setup crews.

Special thanks to the following team members:

核心團隊 Core Team

行政總裁及聯合創辦人 Chief Executive Officer & Co-Founder

梁百行 Andes Leung

街馬團隊成員 Team members

王煒駟 Sherwin Wong	洪紫瑩 Fanny Hung	馮詠儀 Bobo Fung	楊應沁 Samuel Yeung
田偉鳳 Karen Tin	馬穎頤 Hilda Ma	黃曉峰 Yolo Wong	虞可因 Katherine Yu
吳兆基 Patrick Ng	陳昭容 Beryl Chen	黃翹楚 Cal Wong	黎貝瑩 Heily Lai
周詠欣 Cassie Chow	陳進德 Bony Chan	楊子騰 Kelvin Yeung	譚麗娟 Helen Tam
邱清攸 Tracy Yau	彭海瀛 Phyllis Pang	楊佩茵 Panny Yeung	

賽道管理團隊 Marshal Team

賽道管理總指揮 Chief Marshal Commander | 林秀強 Lam Sau Keung

賽道管理副總指揮 Deputy Chief Marshal Commander | 林心琪 Lam Sum Ki

賽事管理區域總監 Marshal Regional Commanders

戎偉康 Yung Wai Hong	張栢勤 Cheung Pak Kan	陳學深 Chan Hok Sum
朱敏康 Chu Mun Hong	許秀雄 Hui Sau Hung	雷智恒 Lui Chi Hang
吳偉倫 Ng Wai Lun	陳偉立 Chan Wai Lap	

賽事管理區域指揮 Marshal Zone In-Charges

王泳筠 Wong Wing Kwan, Vivian	陳偉亮 Chan Wai Leung
甘志勇 Gum Chi Yung	陳澤文 Chan Chak Man Alan
余杏桐 Yu Hang Tung	黃安琪 Wong On Ki
吳委立 Ng Wai Lap	黃斫謨 Wong Cheuk Nam
呂品鉞 Lui Pun Yuet	黃傑 Wong Kit
李杰恆 Li Kit Hang	楊狄龍 Yeung Tik Lung
李凱儀 Lee Hoi Yi	楊艷敏 Yeung Yim Man
杜志強 To Chi Keung Gary	萬思浩 Man Sze Ho
林平 Lam Ping Willian	葉國雄 Ip Kwok Hung
施建華 She Kin Wa	葉鉅文 Yip Kui Man
徐志有 Benny Tsui	趙俊杰 Chiu Chun Kit
翁樹楠 Yung Shu Nam	劉惠門 Lau Wai Mun Raymond
馬紫雲 Ma Chi Wan	蔡佳潤 Choi Kai Yun
張文興 Cheung Man Hing	黎大明 Lai Tai Ming
郭善研 Kwok Sin Yin	賴剛發 Lai Kong Fat
郭皓朗 Kwok Ho Long	簡培宏 Kan Pui Wang
陳文益 Chan Man Yat	

排名不分先後，姓名依照中文姓名筆劃排序。

Names are listed in no particular order and arranged according to the Chinese characters.



首屆香港街馬舉行
The 1st HONG KONG
STREETATHON

跑手人數(名)
No. of runners

5,186

2014



新增設半馬拉松
A new Half Marathon
was added

跑手人數(名)
No. of runners

8,583

2015



跑手人數首次
突破10,000人

The total number of runners
reached over 10,000

跑手人數(名)
No. of runners

10,707

2016



全港首創32.195公里
A brand new 32.195 km
running event

跑手人數(名)
No. of runners

13,198

2017



活動以「玩·食跑」
為主題
“PLAY EAT RUN”
was the event theme

跑手人數(名)
No. of runners

12,905

2018

海外跑手數目
持續增長

Increasing number
of overseas runners



首次跑經
東區海底隧道

Running through
Eastern Harbour Crossing
for the first time



2019

2020



馬拉松達成！
Our first Marathon!

跑手人數(名)
No. of runners

18,840

2023



首創五感馬拉松
Groundbreaking
“Five-Senses Marathon”

跑手人數(名)
No. of runners

19,493

2024



率先踏足尚未開通的
中九龍繞道(油麻地段)

The first running event on
Central Kowloon Bypass
(Yau Ma Tei Section)

報名人數(名)
No. of Registration

超過
Over 20,000

2025



跑轉維港・行善作樂

今年，香港街馬迎來十周年這個別具意義的里程碑，並為全城跑手帶來一次絕無僅有的體驗，率先踏足尚未開通的大型運輸基建中九龍繞道(油麻地段)，全程穿越這條東西九龍的嶄新動脈，見證香港基建與運動精神的完美結合。

中九龍繞道(油麻地段)全長約4.7公里，預計今年年底完成。通車後預計取道繞道來往東九龍九龍灣與西九龍油麻地僅需約5分鐘，將成為九龍市區交通的重要樞紐，極大緩解九龍的通行壓力。而今年的香港街馬，正是跑手搶先以雙腳感受這條嶄新主幹道的機會，以力量和汗水寫下香港城市發展的非凡篇章。

最特別的是，今年的賽事破天荒與路政署合作，在中九龍繞道(油麻地段)開通前開放給跑步健兒，讓全馬及半馬跑手由香港島核心商點銅鑼灣開始，跑至九龍灣和啟德，貫穿全程中九龍繞道(油麻地段)至油麻地。這是首次，你能夠完整奔跑於整條中九龍繞道(油麻地段)，並以油麻地交匯處為終點！



Marathon for Good. Party for All!

This year marks the 10th anniversary of the HONG KONG STREETATHON, a remarkable milestone commemorated with a truly unique experience for runners across the city. For the first and only time, runners will have the unparalleled opportunity to set foot on the Central Kowloon Bypass (Yau Ma Tei Section), a major infrastructure project not yet open to traffic. Runners will traverse this brand-new artery linking East and West Kowloon in its entirety, witnessing the perfect union of Hong Kong's infrastructural achievements and athletic spirit.

The Central Kowloon Bypass (Yau Ma Tei Section), with a total length of 4.7km, is expected to be completed by the end of this year. Upon its opening, the travelling time between Kowloon Bay in East Kowloon and Yau Ma Tei in West Kowloon is approximately five minutes, becoming a vital urban transport hub and significantly relieving traffic congestion in Kowloon. This year's HONG KONG STREETATHON offers runners the rare chance to blaze a trail along this brand-new thoroughfare, inscribing an extraordinary chapter in Hong Kong's urban development through their strength and perseverance.

Most notably, this year's event marks a ground breaking collaboration with the Highways Department to open the Central Kowloon Bypass (Yau Ma Tei Section) to runners before its commissioning. Marathon and half marathon runners will commence their journey from the bustling heart of Causeway Bay on Hong Kong Island, running through to Kai Tak and Kowloon Bay and traversing the entire Central Kowloon Bypass (Yau Ma Tei Section) to finish at Yau Ma Tei Interchange. This will be the first time, an opportunity to run the entire length of the Central Kowloon Bypass (Yau Ma Tei Section), concluding at the Yau Ma Tei Interchange.

Run Our Street, Draw Your Story

This year, we feature a special collaboration with British street graffiti artist Szabotage - Gustav Szabo, who will lead the creation of vibrant artworks that capture the spirit and stories of HONG KONG STREETATHON, expressing the event's unique marathon party atmosphere through dazzling colors.

In addition, ten runners from Hong Kong and overseas have been invited to share their running journeys, commemorating their personal milestones. For the first time, the event will also collaborate with the Hong Kong Design Institute, inviting students to create ten pieces of artwork inspired by their own stories. These works will be exhibited during the Runner's Expo, making this anniversary even more memorable.

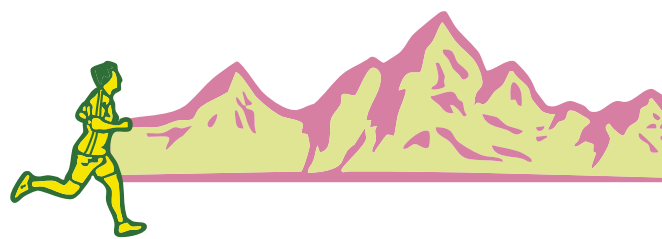
跑入街頭，畫出故事

今年我們特別邀請來自英國的街頭塗鴉藝術家 Szabotage - Gustav Szabo 牽頭畫出街馬的故事，以色彩絢爛的畫作表達出屬於街馬獨有的馬拉松派對！

此外，我們廣邀十位來自香港及海外跑友分享他們的跑步故事，相信當中必定有令大家共鳴之處！為紀錄他們的跑步印記，我們更首度與香港知專設計學院合作，邀請學生們一起創作十幅屬於他們故事的畫作，並將於跑手博覽會期間展出，別具紀念意義！

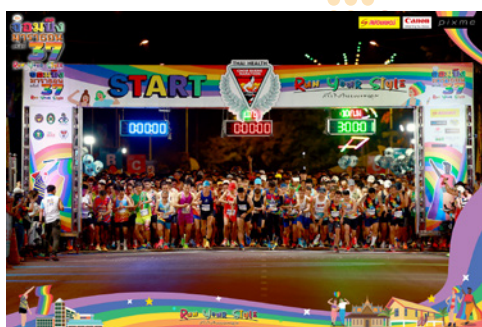


「嘉里香港街馬2025」跑向國際化是我們的大方向，這可以將美好的香港推薦給世界各地的跑手。經過多年的努力，今年有超過40%跑手申報為非香港本地人士。我們在推廣方面著力，除了加入亞洲不同地區的知名跑手之外，亦增加世界各地的合作伙伴渠道。亦有與香港街馬成為策略伙伴的馬拉松，包括有日本東北風土馬拉松、台北烏來馬拉松、泰國崇本馬拉松、寧波奉化桃花馬拉松，本年度還加入清邁國際馬拉松。當你在香港街馬的跑道上看見其他跑手時，都以燦爛的笑容大喊一句：「加油啊！」



寧波奉化桃花馬拉松
Fenghua Marathon in China

日本東北風土馬拉松
Tohoku Food Marathon in Japan



泰國崇本馬拉松
Chombueng Marathon in Thailand



台北烏來馬拉松
Ulay Marathon in Taipei



KERRY HONG KONG STREETATHON 2025 is moving towards greater internationalisation, allowing us to showcase the beauty of Hong Kong to runners from around the world. After years of effort, over 40% of this year's participants have declared themselves as non-local runners.

In our promotional work, we have focused on expanding our reach — inviting well-known runners from different parts of Asia and strengthening partnerships with organisations worldwide. HONG KONG STREETATHON has also formed strategic partnerships with various marathons, including the Tohoku Food Marathon in Japan, Ulay Marathon in Taipei, Chombueng Marathon in Thailand, and Fenghua Marathon in China. This year, the Chiang Mai International Marathon in Thailand has also joined as a partner.

When you see fellow runners along the route, give them a big smile and shout together: “Keep running!”



香港提供豐富多元的文化、美食與隱藏景點。從地道小吃到鮮為人知的探索體驗，這裡有太多值得你在街馬以外的時間細細品味的精彩！以下是讓你的旅程難忘的推薦：

Hong Kong offers a dynamic blend of culture, cuisine, and hidden gems. From authentic eats to lesser-known sights, here’s how to make your visit unforgettable:

不可錯過的地道美食

-  **深水埗點心**
避開觀光區，走進街坊茶樓，品嚐燒賣、蝦餃與叉燒包。
-  **蛋撻與菠蘿包**
在本地餅店買一個甜點——菠蘿包雖無菠蘿，卻香酥可口。
-  **旺角街頭小吃**
試試咖喱魚蛋、臭豆腐（敢挑戰的話）與腸粉，感受街頭熱鬧氛圍。

Taste Hong Kong



-  **Dim Sum in Sham Shui Po**
Skip the tourist spots and head to dim sum restaurants for siu mai, har gow (shrimp dumpling), and char siu bao (barbecue pork bun).
-  **Egg Tarts & Pineapple Buns**
Grab these sweet treats from a local bakery—no pineapple, just buttery bliss.
-  **Street Snacks in Mong Kok**
Try curry fish balls, stinky tofu (if you dare to try), and cheung fun (steamed rice rolls) from lively stalls.

Hidden Gems & Cultural Corners

-  **Tai Kwun**
A heritage site in Central blending classical charm with modern art.
-  **Yau Ma Tei Tin Hau Temple**
Near the finish area of Marathon and Half Marathon, offering a peaceful break from the city buzz.
-  **Kowloon Walled City Park**
Once the world’s densest place, now a tranquil garden with rich history.
-  **PMQ in SoHo**
A creative hub with local design shops, indie galleries, and weekend markets.

文化角落與隱藏景點

-  **大館**
位於中環的歷史建築群，融合古典與當代藝術。
-  **油麻地天后廟**
距離馬拉松及半馬拉松的終點區不遠，是鬧市中的一處靜謐之地。
-  **九龍寨城公園**
曾是世界上最密集的居住地，如今成為綠意盎然的歷史公園。
-  **PMQ 元創方**
位於蘇豪區的創意基地，匯聚本地設計、藝術展覽與週末市集。

夜間探索

-  **廟街夜市**
尋寶、算命與街頭美食，一條街滿載香港風情。
-  **維港燈光表演**
在尖沙咀海濱欣賞「幻彩詠香江」——免費、每日上演、絢麗奪目。
-  **中環天台酒吧**
在高空美景中舉杯，為你的長跑慶功。



After-Dark Adventures

-  **Temple Street Night Market**
Bargains, fortune telling, and sizzling street food.
-  **Victoria Harbour Light Show**
Watch the Symphony of Lights from Tsim Sha Tsui—free and dazzling.
-  **Rooftop Bars in Central**
Celebrate with panoramic views and a well-earned cocktail.

跑入香港街頭，畫出你的故事，深度體驗這座城市。

Run Our Street. Draw Your Story. Unpack Hong Kong.



ThaiRun
Happy Hub For Runner



Our story

Founded in 2017, ThaiRun emerged from a passion for running and a vision to revolutionize race management in Thailand.

From a small startup supporting local events, we have grown into the trusted tech partner for Thailand's largest and most prestigious marathons.

Today, ThaiRun provides end-to-end solutions for race organizers, including registration, race day operations, facial recognition photography, and digital engagement. We continue to set new standards for race technology.

<https://www.facebook.com/thaidotrun/>



Running Connect manages over 500,000 runner accounts and has powered numerous road and trail races at both national and international levels. By integrating digital solutions into the sport, the company has enhanced the race experience from registration and timing systems to race photography and data-driven insights.

As a central hub, Running Connect connects everything runners and race organizers need, bridging both online and offline worlds. It also opens new doors for Thai runners by securing international race slots, helping them step onto the global stage.

Beyond Thailand, Running Connect has established strong partnerships in Hong Kong and Vietnam, working together to advance and professionalize the running industry in Asia.



Race Registration & Payment System
Streamlined sign-up and secure payment for races of all types

Timing System
International-standard timing for accuracy and fairness

Command Center
Runner monitoring and race management for organizers

YOUR RACE PLAN®
A unique tool to plan pacing and nutrition strategy throughout the race

Photo Search Platform
Helping runners capture and keep their race-day memories

Running Connect Shop
An online marketplace for running gear, apparel, and exclusive merchandise



runningconnect.com
Running Connect
BANGKOK, THAILAND

Run●Japan



Run Japan – Experience the Best Races in Japan

Run Japan is the portal you need when you want to enter a race in Japan. Operated by R-bies Co., Ltd., the company behind RUNNET, it connects runners worldwide to Japan's vibrant running culture.

Run beneath cherry blossoms in spring, along coastal breezes in summer, through autumn's colorful leaves, and across crisp winter air. From city marathons with iconic landmarks to races immersed in nature, Run Japan offers a variety of events for beginners and seasoned runners alike.

In Japan's mature marathon scene, feel the energy, the cheers, and the atmosphere surrounding every race. The pounding of your heart, the rhythm of your steps, the heat of each breath—an unforgettable race experience is waiting for you.

With runners like you joining, Run Japan will continue to grow and evolve—be part of its next chapter!



WeRun®

運動平台 芯片计时

赛事报名



CHIP TIMING



更多好玩赛事等你来

MORE EXCITING EVENTS AWAIT YOU



街馬 — 跑手博覽會 STREETATHON - Runner's Expo

「街馬 — 跑手博覽會」是「嘉里香港街馬2025」其中一項焦點主題活動，將於觀塘海濱活動空間舉辦為期一連四日的博覽會。當中除了設有選手包領取區域(必需預約領取時間)，更有打卡區，及多個不同種類特色的攤位及品牌，讓參加人士認識不同的運動知識及產品，並在特定時間設有瑜伽拉筋示範及樂隊現場演奏。入場費用全免，歡迎街馬跑手及公眾人士參加。

“STREETATHON - Runner's Expo” is one of the highlighted events of “KERRY HONG KONG STREETATHON 2025”. The expo will be held for 4 days at AquaBeat in Kwun Tong. In addition to the runner pack pickup area (prior booking required), there will be photo spots, as well as a variety of unique booths and brands, allowing participants to learn about different sports knowledge and products. There will also be yoga stretching demonstrations and live band performances at specific time. It is free entry, all STREETATHON runners and the public are welcome to join us.

日期 Date	19-21/11/2025	22/11/2025
時間 Time	12pm - 8pm	12pm - 5pm
地點 Venue	觀塘海濱道126號海濱活動空間01 AquaBeat 01, 126 Hoi Bun Road, Kwun Tong	



街馬 — 跑手派對 STREETATHON - Runner's Party

「街馬 — 跑手派對」是香港首個大型跑手派對，以「聯誼交流」為目標。當天會有不同特色食物提供，確保跑手可於比賽前完善上碳外，還有多位嘉賓聯誼。今年邀請了來自不同地方的明星跑手，包括人氣 KOL Jirapron Kamonrungsan (Earn) - 泰國、Do Trong Nhon - 越南和高哈哈 - 中國，於派對中交流有關跑步經驗或心得，希望跑手能懷著一個愉悅的心情迎接翌日之「嘉里香港街馬2025」。

“STREETATHON - Runner's Party” is Hong Kong's first large-scale runners' party. The party will provide various carbohydrate-rich foods to ensure that runners can properly fuel up before the race, and also a chance to mingle with other runners.

This year, we have invited very popular KOL Jirapron Kamonrungsan (Earn) - Thailand, Do Trong Nhon - Vietnam and Gao Shan(高哈哈) - China. With them at the party, along with other influencers at the party, you can come and chat about anything related to running. They will share their running experiences and insights during the party, hoping that all runners can embrace a joyful spirit as they prepare for the “KERRY HONG KONG STREETATHON 2025” the next day.

日期 Date	22/11/2025
時間 Time	3pm - 6pm
地點 Venue	九龍灣宏照道38號企業廣場5期 MegaBox 14樓百樂金宴宴會廳 Paramount Banquet Hall, 14/F, MegaBox, 38 Wang Chiu Road, Kowloon Bay





超翻



碳纖板



輕質防滑



李寧翻絲



BÈNG
超 雷 雷 雷 發 飛 快 不 可

飛電5 CHALLENGER

競速碳板跑鞋

抬腿輕 提速快

BYD



DENZA



PIONEER

領航 護航

從第1公里 到最後1米

DENZA & BYD 與你共赴每一程



BYD 專屬試駕



DENZA 專屬試駕

特別賽道挑戰： 中九龍繞道 (油麻地段)



SPECIAL ROUTE CHALLENGE: CENTRAL KOWLOON BYPASS (YAU MA TEI SECTION)

今年，香港街馬迎來十周年這個別具意義的里程碑，並為全城跑手帶來一次絕無僅有的體驗，率先踏足尚未開通的大型運輸基建中九龍繞道(油麻地段)，全程穿越這條東西九龍的嶄新動脈，見證香港基建與運動精神的完美結合。

This year marks the 10th anniversary of the HONG KONG STREETATHON, a remarkable milestone commemorated with a truly unique experience for runners across the city. For the first and only time, runners will have the unparalleled opportunity to set foot on the Central Kowloon Bypass (Yau Ma Tei Section), a major infrastructure project not yet open to traffic. Runners will traverse this brand-new artery linking East and West Kowloon in its entirety, witnessing the perfect union of Hong Kong's infrastructural achievements and athletic spirit.



新賽道挑戰 | 馬拉松及半馬拉松跑手須知



New Route Challenge | Important Notes for Marathon and Half Marathon Runners

今年前段賽道延續以往安排，由銅鑼灣出發，馬拉松跑手於首25公里途經中環灣仔繞道、東區海底隧道及將藍公路，地形「三上斜，三落斜」；半馬跑手於第4至5公里進入東隧。

馬拉松及半馬拉松賽道首次加入的中九龍繞道(油麻地段)，全長4.7公里，貫通啟德、土瓜灣、何文田、京士柏，終點設於油麻地交匯處。隧道最深達海平面下50米，最後1公里需爬升至地面，斜度達5.5%。

此段位於賽事後段，坡幅最大，對跑手體能與意志均具挑戰性。

The forepart of the course remains the same as before, starting in Causeway Bay. Marathon runners will pass through the Central-Wan Chai Bypass, the Eastern Harbour Crossing, and Tseung Lam Highway within the first 25 km, featuring a “three climbs, three descents” terrain. Half marathon runners will enter the Eastern Harbour Crossing Tunnel around the 4–5 km mark.

For the first time, the route includes the full 4.7 km stretch of the Central Kowloon Bypass (Yau Ma Tei section), connecting Kai Tak, To Kwa Wan, Ho Man Tin, and King's Park, and finishing at the Yau Ma Tei interchange. The tunnel reaches 50 metres below sea level, and the final kilometre requires an uphill climb back to ground level with a 5.5% gradient.

This section appears in the latter part of the race and features the steepest elevation changes, providing a true test of runners' endurance and determination.



溫馨提示 Warm Reminders



1 坡幅挑戰注意事項 Elevation Challenge Advisory

由於短時間內需應付明顯上落坡，膝頭及腳踵承受壓力較大，請跑手於開跑前進行充足熱身，減少受傷風險。

Due to the steep inclines and declines over a short distance, runners may experience increased pressure on their knees and heels. Please carry out thorough warm-up exercises before the race to reduce the risk of injury.

2 中九龍繞道(油麻地段)前留力策略 Energy Conservation Strategy Before Entering the Central Kowloon Bypass (Yau Ma Tei section)

建議跑手於觀塘繞道及海濱道平路段適度留力，為應付中九龍繞道(油麻地段)保留足夠體能。

Runners are advised to conserve energy along the flat sections of the Kwun Tong Bypass and Hoi Bun Road to ensure sufficient stamina for the Central Kowloon Bypass (Yau Ma Tei section).

3 進入中九龍繞道(油麻地段)前的身體警示 Body Warning Signs Before Entering the Central Kowloon Bypass (Yau Ma Tei section)

如於途中出現以下情況，請立即採取應對措施：

- 大量出汗：請於最近補給站補充水份及電解質(運動飲品)。
- 肌肉反應遲緩／不適：如腳踵或小腿根部感到拉扯或不適，請於進入中九龍繞道前稍作休息，進行拉筋及放鬆肌肉。

If you experience any of the following symptoms during the running, please take immediate action:

- Excessive sweating: Rehydrate and replenish electrolytes with sports drinks at the nearest aid station.
- Sluggish muscle response or discomfort: If you feel tightness or pain in your heels or calves, take a short break before entering the tunnel to stretch and relax your muscles.





離場指引 | 交通資訊及注意事項
Runner Exit Guide | Transport Tips & Reminders

由於終點設於尚未正式開通的中九龍繞道(油麻地段)油麻地交匯處，周邊環境對大部分跑手而言較為陌生。為協助大家順利離場，請參考以下交通建議：

As the finish line is located at the yet-to-open Central Kowloon Bypass (Yau Ma Tei section), the surrounding area may be unfamiliar to many runners. Please refer to the following transport tips for a smooth exit:

鄰近港鐵站 Nearby MTR Stations		
柯士甸站 Austin Station	九龍站 Kowloon Station	高鐵西九龍站 West Kowloon High-Speed Rail Station

西九龍站巴士總站 West Kowloon Bus Terminus	
36B	荔景邨 Lai King Estate (via Mong Kok)
42A	青衣(長亨邨) Tsing Yi (Cheung Hang Estate) (via Mong Kok)
46	葵涌(麗瑤邨) Kwai Chung (Lai Yiu Estate) (via Mong Kok, Lai King)
60X	屯門市中心 Tuen Mun Town Centre
63X	洪水橋(洪福邨) Hung Shui Kiu (Hung Fuk Estate) (via Tuen Mun Plaza, Hung Kiu)
69X	天瑞 Tin Shui
81	禾輦 Wo Che (via Tai Wai)
W2	觀塘 Kwun Tong (circular route)
W3	上水 Sheung Shui (via Sha Tin, Tai Po)
268X	洪水橋(洪福邨) Hung Shui Kiu (Hung Fuk Estate) (via Yuen Long Main Road)
269X	天瑞 Tin Shui
271	大埔(富亨) Tai Po (Fu Heng)

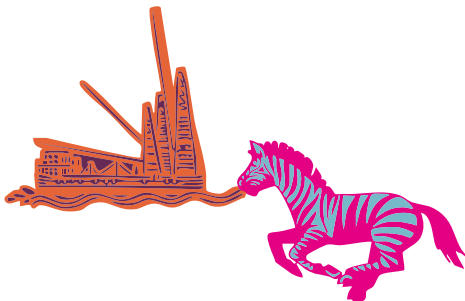
 特別提示 Special Reminder

如遇突發情況需緊急疏散，請聽從現場工作人員指示。行李將安排於稍後時間領取，詳情請留意大會當日發出的手機短訊及網上公告。

請各位跑手務必攜帶八達通或已啟用流動支付的手機，以便乘搭公共交通工具離場。

In case of an emergency evacuation, please follow the instructions of on-site staff. Baggage can be collected at a later time; details will be announced via SMS and online on race day.

Runners are reminded to bring an Octopus card or a mobile device with activated payment options for public transport.



活動日前一晚：準備好所有裝備！Night before event day: Prepare all gear!

物品清單 Item checklist

- 號碼布 — 連計時晶片(已固定在跑衣上) Bib number with timing chip (attached to running t-shirt)
- 大會指定行李袋(貼上行李標籤) Official baggage bag (with baggage tag attached)
- 跑步服裝(輕身及快速吸汗) Running outfit (lightweight, breathable, quick-dry fabric)
- 跑鞋(已穿慣，避免新鞋) Running shoes (well broken-in; avoid new shoes)
- 能量補給品(如能量啫喱、鹽丸) Energy supplements (e.g. energy gels, salt tablets)
- 防曬用品／帽／太陽眼鏡／雨衣(視乎天氣)
Sunscreen / cap / sunglasses/ raincoat (depending on weather)
- 可重用水樽或水杯 Reusable water bottle or speed cup
- 運動手錶／手機 Sports watch / mobile phone
- 八達通／少量現金／大門鎖匙(如適用) Octopus card / small amount of cash/ Door key (if applicable)
- 香港身份證／其他身份證明文件 Hong Kong ID Card/ other identification documents

活動日流程 Event Day Arrangement



即日行李寄存及領取安排

1. 選手包領取當日，行李袋及行李牌貼紙將與號碼布一併派發。請於活動前，依指示將行李牌貼紙貼在行李袋的指定位置。
2. 大會只會處理使用大會提供之指定行李袋及行李牌的行李，以資識別。
3. 跑手寄存行李前，必須在行李檢查站完成行李檢查及繫上行李封條。
4. 大會不會處理任何未經檢查的行李。
5. **馬拉松及半馬拉松**的行李檢查站位於**銅鑼灣維多利亞公園手排場**，行李車位於公園外**興發街停車場**。
6. **十公里及街馬-亞洲青年十公里**之行李檢查站位於**將軍澳景嶺路香港知專設計學院**，行李車位於香港知專設計學院停車場。
7. 於比賽當日上午將有大量跑手輪候寄存行李，為確保準時起跑，請各位按大會安排的分項時間前往行李寄存區輪候。詳情請參閱：**馬拉松 Pg. 21-22、半馬拉松 Pg. 30-31、十公里 Pg. 38-39**。
8. 行李寄存必須於各比賽項目指定時間內完成。大會有權拒絕處理於非指定時間到達之跑手的行李。詳情請參閱：**馬拉松 Pg.21、半馬拉松 Pg.30及十公里 Pg.38**。
9. 寄存行李前，請檢查行李牌貼紙穩固地貼在行李袋。
10. 所有跑手的行李將運送至其所屬比賽項目的終點區，跑手完賽後可憑號碼布領回。詳細位置及時間請參閱活動資料表及終點地圖：**馬拉松 Pg.21及Pg.24，半馬拉松 Pg.30及Pg.33，十公里 Pg.38及Pg.41**。
11. 所有在活動結束時沒有被領取的行李，將被運送至全城街馬辦公室保存14天，欲取回行李的跑手需於14天內電郵至 streetathon@runourcity.org 聯絡大會並上門取回。所有12月7日後沒被領取的行李將被視作放棄領取及棄置。
12. 無需寄存行李的跑手可直接前往所屬比賽項目的起跑區，準備起跑。

所有人士如攜帶未經許可的物品，將一律禁止進入行李寄存範圍、賽事集合點及賽道。未經許可的物品包括但不限於：

禁止放入行李袋寄存物品

1. 為配合行李重量管理，任何容量超過750毫升且盛載液體的容器均不允許攜帶。空瓶則不在此限制之列。
2. 任何玻璃製品，包括玻璃瓶或以玻璃瓶盛載的飲品。
3. 易燃物品，包括有害氣體、液體(如打火機燃料)、易燃固體及壓縮類物品(如造型噴霧或止汗噴霧等等)。
4. 一般危險物品，例如：刀、警棍、煙火、手拉炮、爆炸品或任何可用作武器或可能造成人身傷亡和財產毀損的物品、物件或物質。
5. 不合法的內容或內容構成不利國家安全、帶有歧視、政治含意、煽惑性、誹謗性、侮辱性、貶低性、褻瀆性、色情、暴力、淫穢性、威脅性、誤導性、貶低種族、性別和族裔或含有排外主義或意識形態性質的物品或可能引致背離舉辦有關體育活動原意、危及公共安全、或有損活動聲譽的物品、旗幟、橫幅、彩旗、海報、傳單、宣傳單張和展示品。
6. 任何可能構成違反大會守則規定的物品。
7. 任何被香港街馬及活動管理人員認定為不適合帶入活動範圍的物品。

任何不符合規定的物品，必須於安檢前處理或棄掉。

為確保公眾安全，活動保安人員有權檢查活動人士的隨身物件。

禁止帶入賽事範圍的物品

1. 任何玻璃製品，包括玻璃瓶或以玻璃瓶盛載的飲品。
2. 易燃物品，包括有害氣體、液體（如打火機燃料）、易燃固體及壓縮類物品（如造型噴霧或止汗噴霧等等）。
3. 一般危險物品，例如：刀、警棍、煙火、手拉炮、自拍桿、攝錄器材腳架、爆炸品、鐳射棒、強光裝置或任何可用作武器或可能造成人身傷亡和財產毀損的物品、物件或物質。
4. 任何機械或非機械性操作的發聲工具，例如樂器或手提擴音器。
5. 任何遙控飛行裝置或玩具，例如：模型直升機、遙控飛行器、航拍器等等。
6. 未經授權而售賣或派發的商品或宣傳品；
7. 不合法的內容或內容構成不利國家安全、帶有歧視、政治含意、煽惑性、誹謗性、侮辱性、貶低性、褻瀆性、色情、暴力、淫穢性、威脅性、誤導性、貶低種族、性別和族裔或含有排外主義或意識形態性質的物品或可能引致背離舉辦有關體育活動原意、危及公共安全、或有損活動聲譽的物品、旗幟、橫幅、彩旗、紋身、海報、傳單、宣傳單張和展示品；
8. 任何可能構成違反大會守則規定的物品；及
9. 任何被香港街馬及活動管理人員認定為不適合帶入活動範圍的物品。

Baggage Drop and Collection Arrangements

1. The baggage bag and baggage tag sticker will be distributed together with the race bib on race pack collection day. Please ensure the tag sticker is affixed to the designated spot on the bag as instructed before the event.
2. The organiser will only handle baggage that uses the designated bags and tags provided by the organisers for identification.
3. Runners must complete baggage checks and affix baggage seals at the baggage check station before storing their baggage.
4. The organiser will not handle any uninspected baggage.
5. The baggage check station for the **Marathon and Half Marathon** is located at the **Handball cum Volleyball Courts and Roller-Skating Rinks, Victoria Park, Causeway Bay**. The Baggage Truck is parked at **Hing Fat Street Car Park**, outside the Victoria Park.
6. The baggage check station for the **10km and STREETATHON - Asia YOUTHRUN 10K** is located at the **Hong Kong Design Institute on King Ling Road, Tseung Kwan O**. The Baggage Truck is parked at Hong Kong Design Institute Car Park.
7. As a large number of runners will be queuing to deposit their bags on race day morning, please arrive at the baggage drop-off area according to the designated time for your race category to avoid delays to the start. For details, please refer to: **Marathon – Page 21-22, Half Marathon – Page 30-31, 10km – Page 38-39**.
8. Baggage deposit must be completed within the designated time slots for each race category. The organiser reserves the right to refuse baggage from runners who arrive outside the assigned time. For details, please refer to: **Marathon – Page 21, Half Marathon – Page 30, 10KM – Page 38**.
9. Before dropping off your baggage, please ensure the baggage tag sticker is firmly attached to your bag.
10. All runners' baggage will be transported to the designated finish area of their respective race category. Runners can pick up their baggage by showing their bib. For detailed locations and timings, please refer to the event information sheet and finish area map: **Marathon – Pages 21 & 24, Half Marathon – Pages 30 & 31, 10km – Pages 38 & 41**.
11. All baggage not collected at the end of the event will be transferred to the RunOurCity office and kept for 14 days. Participants wishing to retrieve their baggage must email the organiser at streetathon@runourcity.org within 14 days and collect it in person. Any baggage unclaimed after 7 December will be considered forfeited and disposed.
12. Runners who do not need to deposit baggage may proceed directly to the start area of their respective race category to get ready.

Anyone carrying unauthorised items will be prohibited from entering the baggage storage area, start area, and race course. Unauthorised items include but are not limited to:

Prohibited Items for Baggage Storage

1. To comply with baggage weight regulations, containers with a capacity over 750ml that contain liquid are not permitted. Empty bottles are exempt from this restriction.
2. Any glass products, including glass bottles or beverages contained in glass bottles.
3. Flammable items, including hazardous gases, liquids (e.g., lighter fuel), flammable solids, and compressed items (e.g., styling sprays or deodorant sprays).
4. General hazardous items, such as knives, batons, fireworks, hand-held flares, explosives or any item that can be used as a weapon or could cause personal injury or property damage.
5. Items containing illegal content or content that undermines national security, is discriminatory, politically motivated, inflammatory, defamatory, insulting, derogatory, blasphemous, pornographic, violent, obscene, threatening, misleading, derogatory towards race, gender, or ethnicity, or contains xenophobic or ideological content that could deviate from the intended purpose of the sporting event, jeopardise public safety, or harm the reputation of the event, including flags, banners, posters, flyers, promotional materials, and displays.
6. Any item that may violate the event regulations.
7. Any item deemed unsuitable for entry by HONG KONG STREETATHON and event management personnel.

Any items that do not comply with these regulations must be dealt with or discarded before security checks. For public safety, venue security personnel have the right to inspect the personal belongings of runners.

Prohibited Items in the Racecourse

1. Any glass products, including glass bottles or beverages contained in glass bottles.
2. Flammable items, including hazardous gases, liquids (e.g., lighter fuel), flammable solids, and compressed items (e.g., styling sprays or deodorant sprays).
3. General hazardous items, such as knives, batons, fireworks, hand-held flares, selfie sticks, camera tripods, explosives, laser pointers, high-intensity light devices, or any item that can be used as a weapon or could cause personal injury or property damage.
4. Any mechanical or non-mechanical sound-producing devices, such as musical instruments or portable amplifiers.
5. Any remote-controlled flying devices or toys, such as model helicopters, drones, etc.
6. Unauthorised goods or promotional materials for sale or distribution.
7. Items containing illegal content or content that undermines national security, is discriminatory, politically motivated, inflammatory, defamatory, insulting, derogatory, blasphemous, pornographic, violent, obscene, threatening, misleading, derogatory towards race, gender, or ethnicity, or contains xenophobic or ideological content that could deviate from the intended purpose of the sporting event, jeopardise public safety, or harm the reputation of the event, including flags, banners, posters, flyers, promotional materials, and displays.
8. Any item that may violate the event regulations.
9. Any item deemed unsuitable for entry by HONG KONG STREETATHON and event management personnel.

號碼布佩戴方式 Bib Placement

比賽期間，參賽者必須將號碼布牢固地佩戴於身前，四角以四個扣針固定，號碼需向外，並確保清晰可見，不可被外套或其他衣物遮擋，以便工作人員辨識。選手包內將會附上扣針，當天現場不會再額外提供，參加者需自行準備。如未能遵守，大會有權取消參賽資格。

During the race, participants must wear their bibs securely on the front of the body, fastened with four safety pins at all four corners, with the number facing outward. Bibs must remain clearly visible and not be covered by jackets or other clothing, so that staff can identify participants. Runner pack will include safety pins, they will not be provided on the race day; participants must bring their own. Failure to comply may result in disqualification by the organiser.

計時晶片 Timing Chip

計時晶片已貼於號碼布背面，請勿摺曲或損毀晶片，以免影響計時功能。

The timing chip is attached to the back of the bib. Please do not bend, fold or damage the chip, as this will affect the accuracy of your race timing.

個人資料及醫療關注事項 Personal Information & Medical Concerns

所有參賽者的號碼布背面均已印有個人資料及緊急聯絡人資訊。若資料有更新，請電郵通知大會，並使用防水筆於號碼布背後手動更改，以便工作人員及救護人員在緊急情況下能迅速聯絡參賽者之家屬或親友。

The personal details and emergency contact of each participant are printed on the back of the bib. If any information has changed, please notify the event organiser by email and update the bib using a waterproof marker. This will help our staff and medical personnel to contact your family or friends promptly in case of an emergency.

如參賽者正服用藥物、有藥物敏感或其他醫療關注事項，亦請以防水筆於號碼布背後註明，以協助救護人員在緊急情況下提供最適切的支援。

If you are currently taking medication, have any drug allergies, or other medical concerns, please also note these clearly on the back of your bib with a waterproof marker. This will assist medical personnel in providing you with the most appropriate care if required.

活動限定跑步T-shirt Event-exclusive Running T-shirt

活動限定跑步T-shirt將與號碼布一併派發。T-shirt尺碼分配將根據領取選手包的先後次序及庫存情況而定，數量有限，先到先得，大會不保證可以提供參賽者所選尺碼。

The event T-shirt will be distributed together with the bib. T-shirt sizes are allocated according to the order of the race pack collection and stock availability. As quantities are limited, sizes will be distributed on a first-come, first-served basis, and the event organiser cannot guarantee participants' preferred size.

參賽者可根據當日天氣，自行選擇穿著活動限定T-shirt或其他合適裝備。

Participants may choose to wear the event T-shirt or other suitable running gear, depending on the weather conditions on race day.



注意事項 Important Notes

- 參賽者必須踏上設於起點、終點及大會指定分段計時地點的計時地墊。若錯誤佩戴號碼布、損毀晶片或未經過計時地墊，大會將無法提供比賽時間。
- 參賽者在寄存及領取行李、進入起跑區及終點會場時，必須出示號碼布。
- 比賽當日不設現場派發號碼布。如海外參賽者有需要，請於活動日7天或之前電郵至streetathon@runourcity.org通知大會作出特別安排。
- Participants must step on the timing mats located at the start, finish, and designated checkpoints. Incorrect bib placement, a damaged timing chip, or failure to cross a timing mat will result in no official race time being recorded.
- Participants are required to present their bib when storing or collecting baggage, and when entering the start and finish areas.
- Race bib will not be distributed on race day. Overseas participants requiring special arrangements should notify the event organiser at least 7 days before the event day by emailing streetathon@runourcity.org.

特別交通安排(馬拉松及半馬拉松跑手)

Special Transport Arrangement (Marathon and Half Marathon Runners)

港鐵MTR將於活動當天會安排額外班次列車以接載馬拉松及半馬拉松的跑手前往賽事起點。詳情如下：

MTR will have additional train service to pick up marathon and half marathon runners to the start point. Details as follows:

港鐵路綫 MTR Commuter Line	行車方向 Direction		首班列車開出時間 First Departure from Terminal
	由 From	至 To	
港島綫 Island Line	柴灣 Chai Wan	堅尼地城 Kennedy Town	03:35
	堅尼地城 Kennedy Town	柴灣 Chai Wan	03:30
荃灣綫 Tsuen Wan Line	荃灣 Tsuen Wan	中環 Central	03:10
觀塘綫 Kwun Tong Line	調景嶺 Tiu Keng Leng	黃埔 Whampoa	03:03
	黃埔 Whampoa	調景嶺 Tiu Keng Leng	03:25
將軍澳綫 Tseung Kwan O Line	康城 LOHAS Park	北角 North Point	03:27
	寶琳 Po Lam	北角 North Point	03:30
南港島綫 South Island Line	海怡半島 South Horizons	金鐘 Admiralty	03:25
東涌綫 Tung Chung Line	東涌 Tung Chung	香港 Hong Kong	02:56
東鐵綫 East Rail Line	上水 Sheung Shui	金鐘 Admiralty	02:50
屯馬綫 Tuen Ma Line	屯門 Tuen Mun	烏溪沙 Wu Kai Sha	02:50
	烏溪沙 Wu Kai Sha	屯門 Tuen Mun	02:50
於05:00前，特別班次列車將每15分鐘一班運行。 Before 05:00, special train services will operate at 15-minute intervals.			

參加者亦可選擇以下通宵巴士前往銅鑼灣或天后：

Participants can also take the overnight bus services to Causeway Bay or Tin Hau:

通宵巴士路線 Overnight Bus Route no.	起點站 – 終點站 Origin - Destination	營運時間 Operating Hours
N8P	小西灣(藍灣半島) Siu Sai Wan (Island Resort)	往 灣仔(港灣道)(循環線) To Wan Chai (Harbour Road) 00:35 - 05:20
N8X	小西灣(藍灣半島) 往 堅尼地城 Siu Sai Wan (Island Resort) to Kennedy Town	由 小西灣(藍灣半島) 開出 From Siu Sai Wan (Island Resort) 00:15 - 05:15
		由 堅尼地城 開出 From Kennedy Town 00:30 - 05:30

交通安排

TRANSPORT ARRANGEMENT

通宵巴士路線 Overnight Bus Route no.	起點站 – 終點站 Origin - Destination	營運時間 Operating Hours
N11	機場(地面運輸中心) 往 中環(港澳碼頭) Airport (Ground Transportation Centre) to Central (Hong Kong - Macau Ferry Terminal)	01:50 - 04:50
N72	華貴邨 往 鰂魚涌(海澤街) Wah Kwai Estate to Quarry Bay (Hoi Chak Street)	00:10 - 05:00
N112	美孚 往 筲箕灣 Mei Foo to Shau Kei Wan	00:10 - 05:45
N118	長沙灣(深旺道) 往 小西灣(藍灣半島) Cheung Sha Wan (Sham Mong Road) to Siu Sai Wan (Island Resort)	00:10 - 05:55
N170	沙田市中心(新城市廣場) 往 華富(中) Sha Tin New Town Plaza to Wah Fu (Central)	00:00 - 05:45
N171	荔枝角 往 鴨脷洲邨 Lai Chi Kok to Ap Lei Chau Estate	00:23 - 05:53
N368	元朗(西) 往 中環(港澳碼頭) Yuen Long (West) to Central (Hong Kong - Macau Ferry Terminal)	23:45 - 05:05
N619	順利 往 中環(港澳碼頭) Shun Lee to Central (Hong Kong - Macau Ferry Terminal)	00:15 - 05:55
N680	錦英苑 往 中環(港澳碼頭) Kam Ying Court to Central (Hong Kong - Macau Ferry Terminal)	00:05 - 05:50
N691	調景嶺 往 中環(港澳碼頭) Tiu Keng Leng to Central (Hong Kong - Macau Ferry Terminal)	00:00 - 05:45
N962	屯門(龍門居) 往 銅鑼灣(摩頓臺) Tuen Mun (Lung Mun Oasis) to Causeway Bay (Moreton Terrace)	00:00 - 05:25
N969	天水圍市中心 往 銅鑼灣(摩頓臺) Tin Shui Wai Town Centre to Causeway Bay (Moreton Terrace)	00:15 - 05:00

有關特別交通及運輸安排詳情，請留意有關公共交通機構及運輸署網頁之最新公佈。

For more details on the special traffic and transport arrangement, please refer to the latest announcement on the website of the public transportation and Transport Department.



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活動日安排

EVENT DAY ARRANGEMENT

基本資料 Basic Information		
賽事距離 Race Distance	馬拉松 Marathon - 42.195 公里 km	
起點 Start Point	東區走廊近東岸公園 Island Eastern Corridor near East Coast Park	
終點 Finish Point	中九龍繞道油麻地交匯處 Yau Ma Tei Interchange, Central Kowloon Bypass	
活動日流程 Event Day Schedule		
全程時間 Full Course Time	05:15 - 12:15	
完成時限 Time Limit	7 小時 hours	
號碼布 Race Bib		
起跑前 Before Start	到達維多利亞公園 Arrival time at Victoria Park	03:30-04:00
	行李檢查時間 Baggage Check Time	03:30- 04:35
	輪候時間約15-30分鐘，逾時不候 Wait for 15-30 mins, latecomers will not be accepted.	
	行李檢查區 Baggage Check Area	維多利亞公園 — 手排場 Victoria Park - Handball cum Volleyball Courts (步行需約15分鐘) (Approx. 15-min walk)
	行李車位置 Baggage Truck Location	興發街停車場 Hing Fat Street Car Park (步行需約7分鐘) (Approx. 7-min walk)
起跑 Start	到達起跑檢查區 Arrival time at Start Check Zone	04:00- 04:55
	起跑檢查區 Start Check Zone	興發街(消防局外) Hing Fat Street (Outside Fire Station) (步行需約10分鐘) (Approx. 10-min walk)
	起步等候區 Start Waiting Zone	東區走廊 Island Eastern Corridor (步行需約15分鐘) (Approx. 15-min walk)
	起跑時間 Start Time	05:15
	截止起跑時間 Cut-off Start Time	05:30
賽道及分段時限 " Race Course and Cut-off Time Limit"	COP1 東區海底隧道 (北行管道)出口 COP1 Eastern Harbour Crossing (Northbound Tube) Exit	07:35 分段時限：2小時 20分鐘 Cut-off Time Limit: 2 hours 20 mins 距離：14.4 公里 Distance: 14.4km
	COP2 將軍澳 - 藍田隧道 (西行)出口 COP2 Tseung Kwan O - Lam Tin Tunnel (Westbound) Exit	08:47 分段時限：3小時 32分鐘 Cut-off Time Limit: 3 hours 32 mins 距離：24.8 公里 Distance: 24.8km
	COP3 啓福道(西行) (入中九龍繞道前) COP3 Kai Fuk Road (Westbound) (before Central Kowloon Bypass)	11:00 分段時限：5小時 35分鐘 Cut-off Time Limit: 5 hours 35 mins 距離：37.5 公里 Distance: 37.5km
	終點 中九龍繞道油麻地交匯處 Finish Point Yau Ma Tei Interchange, Central Kowloon Bypass	12:15# 分段時限：7小時 Cut-off Time Limit: 7 hours 距離：42.195 公里 Distance: 42.195km
	# 分段時限 Cut-off Time Limit - 是指由大會官方起跑時間起計，至每一指定路段關閉前，跑手可用以完成該段賽道的時間。 - Refers to the time allowed from the official race start for participants to complete each designated course segment before its closure.	
衝線後 After Finish	行李領取時間 Baggage Collection Time	07:15 – 13:00
	行李領取地點 Baggage Collection Location	中九龍繞道 油麻地交匯處對出空地 Open Space outside Yau Ma Tei Interchange, Central Kowloon Bypass

起步地圖 START AREA MAP



馬拉松 Marathon



路線圖及高度圖 ROUTE AND ELEVATION MAP

路線圖 ROUTE

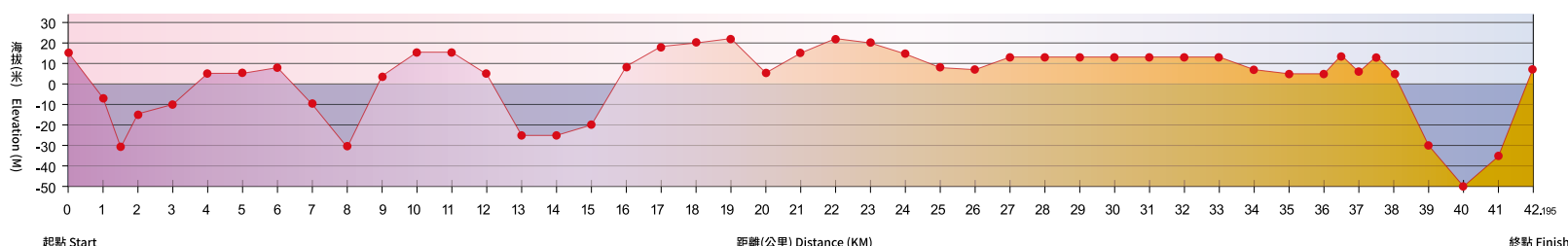


重要提示 - 偉樂街過馬路位置

在偉樂街油站過馬路位置，將實施潮水式人群管制放行，以確保安全及人流暢順。
請耐心等待工作人員指示後才過馬路。感謝你的體諒與合作！

At the crossing near the petrol station on Wai Lok Street, crowd control will be implemented using a tidal flow system to ensure safety and maintain a smooth flow of participants.
Please wait patiently and follow staff instructions before crossing. Thank you for your understanding and cooperation!

高度圖 ELEVATION MAP



終點區安排 FINISH AREA ARRANGEMENT

主辦機構
Organizer



冠名贊助
Title Sponsor



嘉里建設
KERRY PROPERTIES

活動名稱
Event Name



拾
拾

嘉里香港街馬
KERRY HONG KONG STREETATHON 2025

終點
FINISH

不准停留
NO Stopping

油麻地交匯處 Yau Ma Tei Interchange

海泓道 Hoi Wang Road

麗翔道 Lai Cheung Road

旺角西通風樓
Mong Kok West
Ventilation Building

馬拉松終點會場安排
Finish Venue Arrangement
for Marathon

中九龍繞道油麻地交匯處
Yau Ma Tei Interchange,
Central Kowloon Bypass

油麻地警署
Yau Ma Tei Police Station

中九龍繞道
Central Kowloon Bypass

圖例 Legends

- | | | | |
|--|-----------------------------|--|-----------------------|
| | 派發完賽獎牌
Finisher Medal | | 拍照拱門
Photo Arch |
| | 頒獎台
Award Presentation | | 回收站
Recycling |
| | 得獎者召集處
Award Centre | | 伸展服務
Stretching |
| | 水站
Water Station | | 詢問處
Information |
| | 洗手間
Washroom | | 救護站
First-aid |
| | 完賽補給品
Finish Refreshment | | 行李領取
Baggage Claim |
| | 流動洗手間
Mobile Toilet | | |

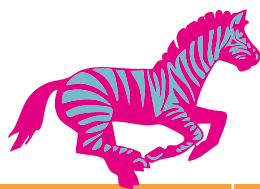
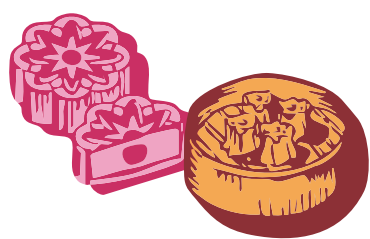
消防處西九龍
救援訓練中心
FSD West Kowloon
Rescue Training Centre

西九龍站巴士總站
West Kowloon Station
Bus Terminus

離開會場方向
Leave the venue

路線 Route

- | | |
|--|---|
| | 賽道
Race Course |
| | 前往完成獎牌-水及食物派發區路線
Route to Finisher Medal and Refreshment Distribution Area |
| | 前往行李領取區及終點會場路線
Route to the Baggage Claim Area & Finish Event Venue |
| | 前往巴士站及港鐵站路線
Route to the Bus Station and MTR |



位置 Location		距離 Distance	水 Water	寶礦力 Pocari	香蕉 Banana	SoyJoy
行李寄存 Baggage Deposit	維園手排場及溜冰場 Handball cum Volleyball Courts and Roller-Skating Rinks, Victoria Park	起點 START POINT	✓			
RP1	龍和道近CVM Lung Wo Road near CVM	4.2km	✓			
RP2	中環灣仔繞道近北角出口 Central-Wan Chai Bypass near North Point Exit	9.3km	✓		✓	
RP3	東區海底隧道港島入口 Eastern Harbour Crossing Entrance (Hong Kong Island)	11.6km	✓	✓		
RP4	東區海底隧道巴士轉車站 Eastern Harbour Crossing Bus-Bus Interchange	14.8km	✓	✓	✓	✓
RP5A	將藍隧道(將軍澳出入口)－東行 TKO-LT Tunnel (TKO Entrance) - Eastbound	18.15km	✓	✓		✓
RP5B	將藍隧道(將軍澳出入口)－西行 TKO-LT Tunnel (TKO Entrance) - Westbound	22.5km	✓			
RP6	茶果嶺海濱寵物共享公園 Inclusive Park for Pets, Cha Kwo Ling Promenade	26.4km	✓	✓		
RP7	觀塘繞道近麗晶花園 Kwun Tong Bypass near Richland Gardens	31.7km	✓		✓	
RP8	海濱道公眾停車場內(Citi Tower 對面) Public Car Park, Hoi Bun Road	35km	✓	✓	✓	✓
RP9	啓福道油站 Petrol station in Kai Fuk Road	37.2km	✓	✓		✓
RP10	中九龍繞道 Central Kowloon Bypass	38.6km	✓	✓	✓	
RP11	中九龍繞道 Central Kowloon Bypass	41km	✓	✓		
終點會場 Finish Venue	中九龍繞道油麻地交匯處 Yau Ma Tei Interchange, Central Kowloon Bypass	終點 FINISH	✓	✓	✓	

補給品安排有機會按實際情況而作出調整，以活動當日為準。
Refreshment arrangements are subject to change based on actual conditions on the event day.



驚喜特色食物將於不定點水站發放，
請沿路發挖驚喜！



Surprised gimmick food
will be provided in random Refreshment Points,
please explore along the route!





中信泰富
CITIC PACIFIC

2025.11.23 support You!

TOGETHER
WE RUN for
來! WE Excellence
一起跑出卓越



中信泰富全力支持香港街馬2025，旗下泰富基建營運的中環灣仔繞道及東區海底隧道將開放作慈善跑路線。

CITIC Pacific fully supports the HONG KONG STREETATHON 2025 by opening the Central-Wan Chai Bypass and Eastern Harbour Crossing, operated by its subsidiary Pacific Infrastructure, as part of the race route.





一起跑出

卓越



**TOGETHER
WE RUN FOR
EXCELLENCE**

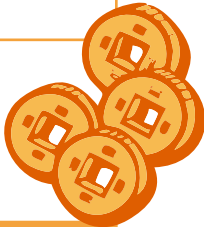


DCH大昌行

全力支持香港街馬

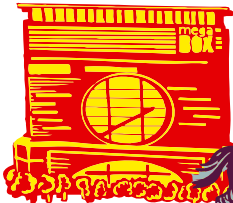
獎項 Awards

組別名稱 Category			獎項 Awards
男子/女子 Men / Women	青年組 Youth	18 - 35 歲 years old	- 每個性別組別各設總冠軍1名 Overall Champion for each gender - 每個年齡組別各設冠、亞、季軍1名 Champion, 1st Runner-up and 2nd Runner-up for each gender age group - 每人獲頒獎座乙個及禮品 Each person will be awarded a trophy and prizes
	青壯組 Adult	36 - 50 歲 years old	
	壯年組 Senior	51 - 65 歲 years old	
	先進組 Master	66 - 75 歲 years old	
視障組別 Visually impaired Division	無分性別及年齡 No specific gender and age group		



獎品 Prizes

獎項 Awards	獎品 Prizes
各男女組別總冠軍 Overall Champion for each gender	- 獎座乙個 Trophy x 1 - 華為運動手錶 GT 6 Pro Brown HUAWEI WATCH GT 6 Pro Brown - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別冠軍 Champion for each gender age group	- 獎座乙個 Trophy x 1 - HILX Syndicate Polarized 太陽眼鏡 HILX Syndicate Polarized Sunglasses - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別亞軍 1 st Runner-up for each gender age group	- 獎座乙個 Trophy x 1 - HILX Specialist 太陽眼鏡 HILX Specialist Sunglasses - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別季軍 2 nd Runner-up for each gender age group	- 獎座乙個 Trophy x 1 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別冠軍 Champion for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券 HKD1,000 Supermarket Cash Voucher HKD1,000 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別亞軍 1 st Runner-up for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券 HKD 300 Supermarket Cash Voucher HKD 300 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別季軍 2 nd Runner-up for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券 HKD 300 Supermarket Cash Voucher HKD 300 - 寶礦力禮品包 Pocari Gift Pack





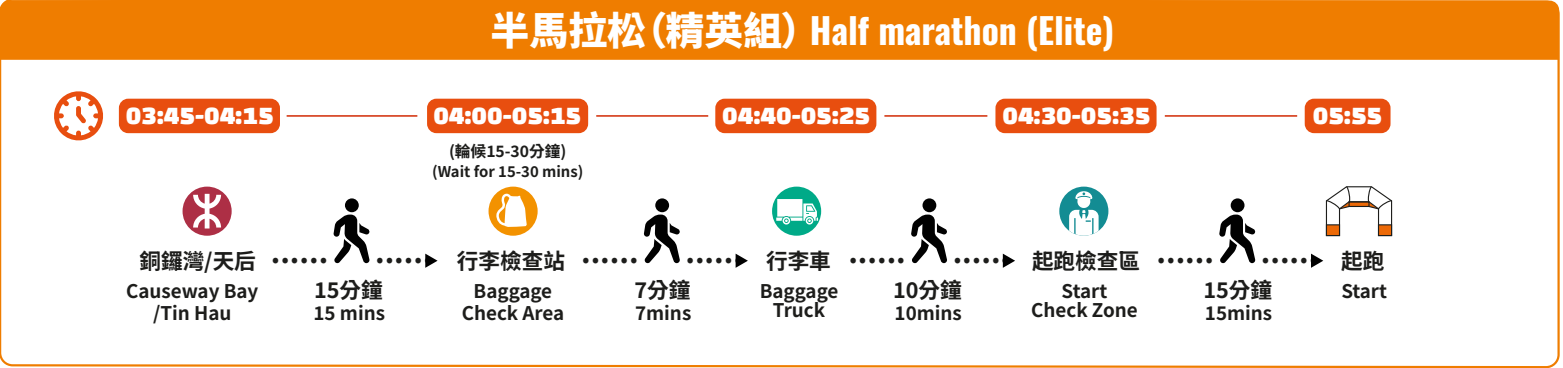
HUAWEI WATCH GT 6 Pro

香港街馬參賽者尊享優惠

現凡透過以下 QR code 於華為香港網上商店購買
HUAWEI WATCH GT 6系列，即可享有尊享優惠！



基本資料 Basic Information				
賽事距離 Race Distance		半馬拉松 Half Marathon - 21.0975 公里 km		
起點 Start Point		東區走廊近東岸公園 Island Eastern Corridor near East Coast Park		
終點 Finish Point		中九龍繞道油麻地交匯處 Yau Ma Tei Interchange, Central Kowloon Bypass		
活動日流程 Event Day Schedule				
組別 Category		半馬 (精英組) Half Marathon (Elite)	半馬 (挑戰1組) Half Marathon (Challenge 1)	半馬 (挑戰2組) Half Marathon (Challenge 2)
全程時間 Full Course Time		05:55-08:55	06:30-10:30	06:45-10:45
完成時限 Time Limit		3 小時 hours	4 小時 hours	4 小時 hours
號碼布 Race Bib				
起跑前 Before Start	到達天后/銅鑼灣港鐵站 Arrival time at Tin Hau/ Causeway Bay MTR Station	03:45-04:15	04:15-04:45	04:45-05:15
	行李檢查時間 Baggage Check Time	04:00-05:15	04:35-05:50	05:15-06:05
		輪候時間約15-30分鐘，逾時不候 Wait for 15-30 mins, latecomers will not be accepted.		
	行李檢查區 Baggage Check Area	維多利亞公園 — 手排場 Victoria Park - Handball cum Volleyball Courts (步行需約15分鐘) (Approx. 15-min walk)		
	行李車位置 Baggage Truck Location	興發街停車場 Hing Fat Street Car Park (步行需約7分鐘) (Approx. 7-min walk)		
起跑 Start	到達起跑檢查區 Arrival time at Start Check Zone	04:30-05:35	05:00-06:10	05:35-06:25
	起跑檢查區 Start Check Zone	興發街(消防局外) Hing Fat Street (Outside Fire Station) (步行需約10分鐘) (Approx. 10-min walk)		
	起步等候區 Start Waiting Zone	東區走廊 Island Eastern Corridor (步行需約15分鐘) (Approx. 15-min walk)		
	起跑時間 Start Time	05:55	06:30	06:45
	截止起跑時間 Cut-off Start Time	06:05	06:40	07:00
賽道及分段時限 " Race Course and Cut-off Time Limit"	COP1 東區海底隧道 (北行管道)出口 COP1 Eastern Harbour Crossing (Northbound Tube) Exit	07:35 分段時限：50分鐘 Cut-off Time Limit: 50 mins 距離：5.8 公里 Distance: 5.8km		
	終點 中九龍繞道油麻地交匯處 Finish Point Yau Ma Tei Interchange, Central Kowloon Bypass	10:45 分段時限#：4 小時 Cut-off Time Limit#: 4 hrs 距離：21.0975公里 Distance: 21.0975km		
	#分段時限 Cut-off Time Limit			
	• 是指由大會官方起跑時間起計，至每一指定路段關閉前，跑手可用以完成該段賽道的時間。 • 此處所列為最後起跑組別的分段時限。 • Refers to the time allowed from the official race start for participants to complete each designated course segment before its closure. • The times shown apply to the last wave of starters only.			
衝線後 After Finish	行李領取時間 Baggage Collection Time	07:15-10:00	08:00-11:30	08:15-12:00
	行李領取地點 Baggage Collection Location	中九龍繞道 油麻地交匯處對出空地 Open Space outside Yau Ma Tei Interchange, Central Kowloon Bypass		



路線圖及高度圖 ROUTE AND ELEVATION MAP

路線圖 ROUTE

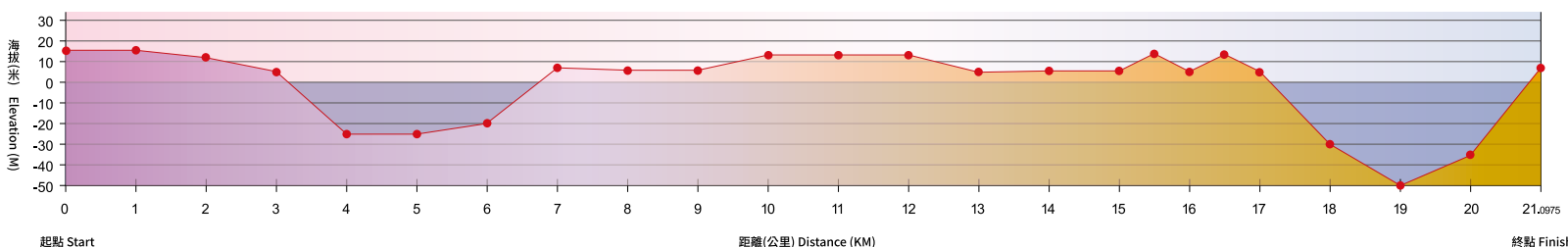


重要提示 - 偉樂街過馬路位置

在偉樂街油站過馬路位置,將實施潮水式人羣管制放行,以確保安全及人流暢順。
請耐心等待工作人員指示後才過馬路。感謝你的體諒與合作!

At the crossing near the petrol station on Wai Lok Street, crowd control will be implemented using a tidal flow system to ensure safety and maintain a smooth flow of participants.
Please wait patiently and follow staff instructions before crossing. Thank you for your understanding and cooperation!

高度圖 ELEVATION MAP





主辦機構
Organizer

RunOurCity
全城街馬
RUN. to transform

冠名贊助
Title Sponsor



嘉里建設
KERRY PROPERTIES

活動名稱
Event Name



HONGKONG 香港
STREETATHON 街馬



嘉里香港街馬
KERRY HONGKONG STREETATHON 2025

**終點
FINISH**

不准停留
NO Stopping

油麻地交匯處 Yau Ma Tei Interchange

海泓道 Hoi Wang Road

麗翔道 Lai Cheung Road

**半馬拉松終點會場安排
Finish Venue Arrangement
for Half Marathon**

中九龍繞道油麻地交匯處
Yau Ma Tei Interchange,
Central Kowloon Bypass

旺角西通風樓
Mong Kok West
Ventilation Building

連翔道 Lin Cheung Road

油麻地交匯處 Yau Ma Tei Interchange

油麻地警署
Yau Ma Tei Police Station

中九龍繞道 Central Kowloon Bypass

渡船街 Ferry Street

圖例 Legends

- | | | | |
|--|-----------------------------|--|-----------------------|
| | 派發完賽獎牌
Finisher Medal | | 拍照拱門
Photo Arch |
| | 頒獎台
Award Presentation | | 回收站
Recycling |
| | 得獎者召集處
Award Centre | | 伸展服務
Stretching |
| | 水站
Water Station | | 詢問處
Information |
| | 洗手間
Washroom | | 救護站
First-aid |
| | 完賽補給品
Finish Refreshment | | 行李領取
Baggage Claim |
| | 流動洗手間
Mobile Toilet | | |

消防處西九龍
救援訓練中心
FSD West Kowloon
Rescue Training Centre

西九龍站巴士總站
West Kowloon Station
Bus Terminus

離開會場方向
Leave the venue

路線 Route

- | | |
|--|---|
| | 賽道
Race Course |
| | 前往完成獎牌、水及食物派發區路線
Route to Finisher Medal and Refreshment Distribution Area |
| | 前往行李領取區及終點會場路線
Route to the Baggage Claim Area & Finish Event Venue |
| | 前往巴士站及港鐵站路線
Route to the Bus Station and MTR |



位置 Location	距離 Distance	水 Water	寶礦力 Pocari	香蕉 Banana	SoyJoy
行李寄存 Baggage Drop	維園手排場及溜冰場 Handball cum Volleyball Courts and Roller-Skating Rinks, Victoria Park	起點 START POINT	✓		
RP3	東區海底隧道港島入口 Eastern Harbour Crossing Entrance (Hong Kong Island)	2.9km	✓	✓	
RP4	東區海底隧道巴士轉車站 Eastern Harbour Crossing Bus-Bus Interchange	5.9km	✓	✓	✓
RP6	茶果嶺海濱寵物共享公園 Inclusive Park for Pets, Cha Kwo Ling Promenade	8.8km	✓	✓	
RP8	海濱道公眾停車場內(Citi Tower 對面) Public Car Park, Hoi Bun Road	14km	✓	✓	✓
RP9	啓福道油站 Petrol station in Kai Fuk Road	16.2km	✓	✓	✓
RP10	中九龍繞道 Central Kowloon Bypass	17.6km	✓	✓	
RP11	中九龍繞道 Central Kowloon Bypass	20km	✓		
終點會場 Finish Venue	中九龍繞道油麻地交匯處 Yau Ma Tei Interchange, Central Kowloon Bypass	終點 FINISH	✓	✓	

補給品安排有機會按實際情況而作出調整，以活動當日為準。
Refreshment arrangements are subject to change based on actual conditions on the event day.



驚喜特色食物將於不定點水站發放，
請沿路發挖驚喜！





Surprised gimmick food
will be provided in random
Refreshment Points,
please explore along the route!



ION SUPPLY DRINK
**POCARI
SWEAT**

THE FUTURE NEEDS SWEAT

RENDERING
シーン2.19

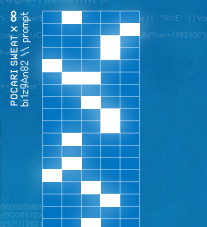


SUMMER BLUE
セッティング

虛擬與現實
越來越接近
唯有汗水
必定為真



FACE TYPE 02
P2_HL



POCARI SWEAT X 800
bits/secs 11 prompt

PLUXY SUMMER BLUE 01 BUILD 1992500 >>
P2_HL PS_寶礦力水特-
P2_HL PLUXY
P2_HL PLUXY
P2_HL PLUXY

獎項 Awards

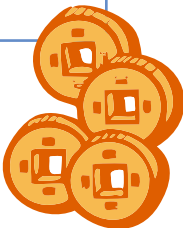
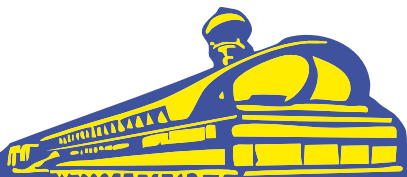
組別名稱 Category				獎項 Awards
男子/女子 Men / Women	精英組 Elite group		挑戰組 Challenge group	● 每個性別組別各設總冠軍1名 Overall Champion for each gender ● 每個年齡組別各設冠、亞、季軍1名 Champion, 1st Runner-up and 2nd Runner-up for each gender age group ● 每人獲頒獎座乙個及禮品 Each person will be awarded a trophy and prizes
	青年組 Youth	16 - 35 歲 years old	不適用 N/A	
	青壯組 Adult	36 - 50 歲 years old		
	壯年組 Senior	51 - 65 歲 years old		
	先進組 Masters	66 - 75 歲 years old		
視障組別 Visually impaired Division	無分性別及年齡 No specific gender and age group			



獎品 Prizes



精英組 Elite group	
獎項 Awards	獎品 Prizes
各男女組別總冠軍 Overall Champion for each gender	- 獎座乙個 Trophy x 1 - 華為運動手錶 GT 6 Pro Brown HUAWEI WATCH GT 6 Pro Brown - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別冠軍 Champion for each gender age group	- 獎座乙個 Trophy x 1 - HILX Syndicate Polarized 太陽眼鏡 HILX Syndicate Polarized Sunglasses - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別亞軍 1 st Runner-up for each gender age group	- 獎座乙個 Trophy x 1 - HILX Specialist 太陽眼鏡 HILX Specialist Sunglasses - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別季軍 2 nd Runner-up for each gender age group	- 獎座乙個 Trophy x 1 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別冠軍 Champion for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券HKD1,000 Supermarket Cash Voucher HKD1,000 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別亞軍 1 st Runner-up for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券HKD 300 Supermarket Cash Voucher HKD 300 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別季軍 2 nd Runner-up for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券HKD 300 Supermarket Cash Voucher HKD 300 - 寶礦力禮品包 Pocari Gift Pack



淨你想你好

watsons
water
屈臣氏蒸餾水



105°C 高溫蒸餾
至清至純

rPET 首用100%
再造環保膠樽



代言人
Cloud雲浩影



基本資料 Basic Information				
賽事距離 Race Distance		10 公里 km		
起點 Start Point		將藍公路(近調景嶺唐賢街) Tseung Lam Highway (near Tong Yin Street, Tiu Keng Leng)		
終點 Finish Point		觀塘海濱花園 Kwun Tong Promenade		
活動日流程 Event Day Schedule				
組別 Category		十公里 (精英組) 10km (Elite)	街馬 — 亞洲青年十公里 STREETATHON - Asia YOUTHRUN 10K	十公里 (挑戰組) 10km (Challenge)
全程時間 Full Course Time		09:00-10:45	09:30-11:30	10:00-12:00
完成時限 Time Limit		1 小時 45 分鐘 1 hour 45 minutes	2 小時 hours	2 小時 hours
號碼布 Race Bib			 	
起跑前 Before Start	到達調景嶺港鐵站 Arrival time at Tiu Keng Leng MTR Station	07:00-07:30	07:30-08:00	08:00-08:30
	行李檢查時間 Baggage Check Time	07:00-07:50	07:30-08:20	08:00-08:50
		輪候時間約15-30分鐘，逾時不候 Wait for 15-30 mins, latecomers will not be accepted.		
	行李檢查區 Baggage Check Area	香港知專設計學院 Hong Kong Design Institute (步行需約5分鐘) (Approx. 5-min walk)		
	行李車位置 Baggage Truck Location	香港知專設計學院停車場 Hong Kong Design Institute Car Park (步行需約3分鐘) (Approx. 3-min walk)		
起跑 Start	到達起跑檢查區 Arrival time at Start Check Zone	07:00-08:30	07:30-09:00	08:30-09:30
	起跑檢查區 Start Check Zone	將藍公路(近唐賢街) Tseung Lam Highway (near Tong Yin Street) (步行需約10分鐘) (Approx. 10-min walk)		
	起步等候區 Start Waiting Zone	將藍公路 Tseung Lam Highway (步行需約15分鐘) (Approx. 15-min walk)		
	起跑時間 Start Time	09:00	09:30	10:00
	截止起跑時間 Cut-off Start Time	09:15	09:45	10:15
賽道及分段時限 * Race Course and Cut-off Time Limit*	COP4 茶果嶺道 (西行) COP4 Cha Kwo Ling Road (Westbound)	11:10 分段時限：1小時10分鐘 Cut-off Time Limit: 1 hour 10 mins 距離：6 公里 Distance: 6km		
	COP5 翠屏海濱 (上觀塘繞道前) COP5 Tsui Ping Seaside (before Kwun Tong Bypass)	11:25 分段時限：1小時25分鐘 Cut-off Time Limit: 1 hour 25 mins 距離：7.2 公里 Distance: 7.2km		
	COP6 觀塘繞道 (近宏照道) COP6 Kwun Tong Bypass (near Wang Chiu Road)	11:50 分段時限：1小時50分鐘 Cut-off Time Limit: 1 hour 50 mins 距離：9.2 公里 Distance: 9.2km		
	終點 觀塘海濱公園 Finish Point Kwun Tong Promenade	12:00 [#] 分段時限 [#] ：2小時 Cut-off Time Limit [#] : 2 hours 距離：10.2 公里 Distance: 10.2km		
	[#] 分段時限 Cut-off Time Limit			
	- 是指由大會官方起跑時間起計，至每一指定路段關閉前，跑手可用以完成該段賽道的時間。 - 此處所列為最後起跑組別的分段時限。 - Refers to the time allowed from the official race start for participants to complete each designated course segment before its closure. - The times shown apply to the last wave of starters only.			
衝線後 After Finish	行李領取時間 Baggage Collection Time	09:40-13:00	10:10-13:00	10:40-13:00
	行李領取地點 Baggage Collection Location	觀塘海濱活動空間 01 AquaBeat 01 (Kwun Tong Promenade)		



十公里(精英組) 10km (Elite)



街馬-亞洲青年十公里 STREETATHON- Asia YOUTHRUN 10K



十公里(挑戰組) 10km (Challenge)



終點區安排 FINISH AREA ARRANGEMENT

主辦機構
Organizer



冠名贊助
Title Sponsor



嘉里建設
KERRY PROPERTIES

活動名稱
Event Name



HONGKONG 香港
STREETATHON 街馬



嘉里香港街馬
KERRY HONG KONG STREETATHON 2025



十公里終點會場安排 Finish Venue Arrangement for 10km

觀塘海濱花園 Kwun Tong Promenade

圖例 Legends

- 賽道
Race Course
- 前往完成獎牌及完賽補給品派發
Route to Finisher Medal and Refreshment Distribution
- 前往終點會場路線
Route to the Finish Event Venue
- 前往行李領取區路線
Route to the Baggage Claim Area
- 前往牛頭角港鐵站路線
Route to Ngau Tau Kok MTR

圖例 Legends

- 派發完賽獎牌
Finisher Medal
- 拍照拱門
Photo Arch
- 頒獎台
Award Presentation
- 回收站
Recycling
- 得獎者召集處
Winner's Assembly Area
- 伸展服務
Stretching
- 水站
Water Station
- 詢問處
Information
- 救護站
First-aid
- 洗手間
Washroom
- 行李領取
Baggage Claim
- 完賽補給品
Finish Refreshment

位置 Location		距離 Distance	水 Water	寶礦力 Pocari	香蕉 Banana	SoyJoy
行李寄存 Baggage Drop	香港知專設計學院 Hong Kong Design Institute	起點 START POINT	✓			
RP5A	將藍隧道(將軍澳出入口)－東行 TKO-LT Tunnel (TKO Entrance) - Eastbound	2.5km	✓	✓		✓
RP6	茶果嶺海濱寵物共享公園 Inclusive Park for Pets, Cha Kwo Ling Promenade	7.1km	✓	✓	✓	
終點會場 Finish Venue	觀塘海濱花園 Kwun Tong Promenade	終點 FINISH	✓	✓	✓	

補給品安排有機會按實際情況而作出調整，以活動當日為準。
Refreshment arrangements are subject to change based on actual conditions on the event day.





驚喜特色食物將於不定點水站發放，
請沿路發挖驚喜！





Surprised gimmick food
will be provided in random
Refreshment Points,
please explore along the route!

動漫Cosplay跑街馬 賞你CineArt MegaBox IMAX 戲飛

Run in Your Cosplay Outfit – Redeem the Free CineArt MegaBox IMAX Movie Ticket

「嘉里香港街馬2025」10公里賽事新增「最佳動漫造型大獎」，獎項由MegaBox冠名贊助，最高可贏得總值HK\$10,000電子餐飲現金券。另外，跑手於2025年11月23至30日期間，到MegaBox出示「嘉里香港街馬2025」當日的動漫造型相片及號碼布，即可換領CineArt MegaBox IMAX with Laser電影戲票1張，名額有限，先到先得。

“Best Anime Cosplay Runner Award”, sponsored by MegaBox, will be introduced at the 10km race of “KERRY HONG KONG STREETATHON 2025”. The winning team will receive an exclusive HK\$10,000 MegaBox dining e-voucher!

As a token of appreciation, from 23 to 30 November 2025, visit MegaBox and present a photo of your anime costume from the race day of “KERRY HONG KONG STREETATHON 2025” along with your runner’s bib to redeem CineArt MegaBox IMAX with Laser movie ticket. (Limited quotas, first-come, first-served.)



換領日期 Redemption Date	23.11.2025 – 30.11.2025
換領時間 Redemption Time	12:00 – 22:00
換領地點 Redemption Venue	九龍灣MegaBox L1禮賓處 L1 Concierge, MegaBox, Kowloon Bay

活動網站
EVENT WEBSITE



東北国土
マラソン
&
フェスティバル
Tohoku Food Marathon & Festival
2026

Sunday, 19 April 2026
In Miyagi, Japan

跑手招募中！

Tohoku Food Marathon & Festival 2026

Runners Wanted! Register Now! tohokumarathon.com





A Marathon Every Runner Should Experience at Least Once in a Lifetime.

The Chombueng Marathon is the oldest and most historic marathon in Thailand, first held in 1985. What began as a small local race of fewer than 100 participants over a 10 km course has grown into a top-class marathon welcoming over 15,000 runners annually.

In 2026, the Chombueng Marathon will celebrate its 39th edition on Sunday, January 18, 2026, at Chombueng Rajabhat University, Ratchaburi. Renowned as a “local race with international standards”, the event blends the warmth of the community with professional race management, offering runners a unique and memorable experience.

The race features three categories: Marathon (42.195 km), Half Marathon (21.1 km), and Mini Marathon (10 km).



獎項 Awards



組別名稱 Category					獎項 Awards	
男子/女子 Men / Women	精英組 Elite group		街馬 - 亞洲青年十公里 STREETATHON - Asia YOUTHRUN 10K		挑戰組 Challenge group	● 每個性別組別各設總冠軍1名 Overall Champion for each gender ● 每個年齡組別各設冠、亞、季軍1名 Champion, 1st Runner-up and 2nd Runner-up for each gender age group ● 每人獲頒獎座乙個及禮品 Each person will be awarded a trophy and prizes
	少年組 Junior	12 - 17 歲 years old	少年組 Junior	10 - 17 歲 years old	不適用 N/A	
	青年組 Youth	18 - 35 歲 years old				
	青壯組 Adult	36 - 50 歲 years old				
	壯年組 Senior	51 - 65 歲 years old	青年組 Youth	18 - 25 歲 years old		
	先進組 Masters	66 - 75 歲 years old				
視障組別 Visually impaired Division	無分性別及年齡 No specific gender and age group		不適用 N/A			

獎品 Prizes



精英組及街馬 - 亞洲青年十公里 Elite group and STREETATHON - Asia YOUTHRUN 10K	
獎項 Awards	獎品 Prizes
各男女組別總冠軍 Overall Champion for each gender	- 獎座乙個 Trophy x 1 - 華為運動手錶 GT 6 Pro Brown HUAWEI WATCH GT 6 Pro Brown - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別冠軍 Champion for each gender age group	- 獎座乙個 Trophy x 1 - HILX Syndicate Polarized 太陽眼鏡 HILX Syndicate Polarized Sunglasses - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別亞軍 1 st Runner-up for each gender age group	- 獎座乙個 Trophy x 1 - HILX Specialist 太陽眼鏡 HILX Specialist Sunglasses - 寶礦力禮品包 Pocari Gift Pack
各男女年齡組別季軍 2 nd Runner-up for each gender age group	- 獎座乙個 Trophy x 1 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別冠軍 Champion for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券 HKD1,000 Supermarket Cash Voucher HKD1,000 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別亞軍 1 st Runner-up for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券 HKD 300 Supermarket Cash Voucher HKD 300 - Sudio B3 真無線耳機 Sudio B3 Clip-on Earbuds - 寶礦力禮品包 Pocari Gift Pack
視障組別季軍 2 nd Runner-up for Visually impaired Division	- 獎座乙個 Trophy x 1 - 超級市場現金禮券 HKD 300 Supermarket Cash Voucher HKD 300 - 寶礦力禮品包 Pocari Gift Pack





跑出動漫造型 一齊贏取
總值HK\$10,000 MegaBox餐飲現金券！

Run in your cosplay outfit for a chance to win
a HK\$10,000 MegaBox dining voucher!

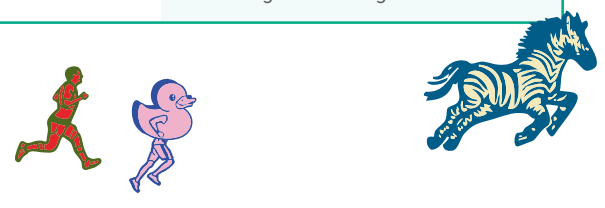
我們鼓勵各位跑友放下日常跑步造型，換上搶眼繽Fun創意裝扮，全情投入香港街馬熱鬧歡樂氣氛！今年「歡樂繽Fun扮相」緊貼動漫熱潮，全面升級 — 成為「最佳動漫造型大獎」獎項由MegaBox冠名贊助，團隊組冠軍可贏得總值HK\$10,000 MegaBox電子餐飲現金券！

Dress in your funniest running outfit and join our STREETATHON party!
Riding on the anime fever, we're thrilled to announce the new "Best Anime Cosplay Runner Award" Sponsored by MegaBox – the champion team will win an exclusive HK\$10,000 MegaBox dining e-voucher!



組別	獎品 Prizes		
個人組 Individual	冠軍 Champion	亞軍 1 st Runner-Up	季軍 2 nd Runner-Up
	HK\$3,000 MegaBox 電子餐飲現金券 MegaBox dining e-voucher	HK\$2,000 MegaBox 電子餐飲現金券 MegaBox dining e-voucher	HK\$1,000 MegaBox 電子餐飲現金券 MegaBox dining e-voucher
團隊組 Team	冠軍 Champion	亞軍 1 st Runner-Up	季軍 2 nd Runner-Up
	HK\$10,000 MegaBox 電子餐飲現金券 MegaBox dining e-voucher	HK\$5,000 MegaBox 電子餐飲現金券 MegaBox dining e-voucher	HK\$2,000 MegaBox 電子餐飲現金券 MegaBox dining e-voucher

- *電子餐飲現金券將透過MegaBox 手機應用程式內以電子現金券形式發放
- *電子餐飲現金券適用於MegaBox 指定餐廳
- *Dining e-vouchers will be issued as e-vouchers via the MegaBox mobile app.
- *The dining e-vouchers are applicable at designated restaurants in MegaBox.



額外獎賞 Bonus

「繽Fun小禮物」 Gift for the Funniest Outfit

只要你身上有搶眼繽Fun創意裝扮，於活動當日
到「最佳動漫造型扮相站」拍照，
即可獲贈街馬限量fun runner吊帶一條！

Visit “Best Anime Cosplay Photo Station” in your funny
and creative running outfit to snap a photo, and you’ll receive
a limited edition STREETATHON Fun Runner strap!

Limited to 500 pieces,
available on a first-come,
first-served basis.



活動日安排 Event Day Arrangement

活動當日上午07:00至09:00到位於十公里起跑區 — 翠嶺路(近唐賢街)「最佳動漫造型扮相站」，大會工作人員會核實參加者個人資料，亦會為各參加者影相。請準備你最Fun最潮的拍攝姿勢！相片必須顯示參加者號碼布，方便大會有機會聯絡你領獎。

Visit “The Best Anime Cosplay Photo Station”, located in the 10km start zone – Chui Ling Road (near Tong Yin Street), between 7:00am and 9:00am. Our staff will be on hand to help take your photo. Strike a pose and show off your amazing standout outfit at the photo station! Please make sure your bib number is clearly visible in the photo so we can identify and contact you if you win.



溫馨提示 Tip

- 活動當日將會有盛裝打扮的「動漫Cosplay大使」與各位參加者合照及指示大家到「扮相站」，記得留意！
- Our Best Anime Cosplay Ambassadors will be around to take photos with you and guide you to “Best Anime Cosplay Photo Station”.

活動詳情
EVENT DETAILS





CHIANG MAI INTERNATIONAL MARATHON

DECEMBER 14, 2025

CHIANG MAI PAO PARK, CHIANG MAI, THAILAND

 **RUNNING CONNECT**

***Discover Chiang Mai Through the Marathon
You'll see a side of Chiang Mai that never
shows up in travel reviews.***

Chiang Mai International Marathon 2025

will be held for the very first time at the Chiang Mai Provincial Administrative Organization Park on Sunday, December 14, 2025. The event offers a full range of race categories :

-  **Marathon (42.195K)**
-  **Half Marathon (21.1K)**
-  **10K**
-  **Fun Run (3.5K)**



Behind this inaugural marathon lies the strong support and collaboration of running communities across Asia - from China, Hong Kong, and Vietnam. This marathon is not only a race, but “a new chapter of friendship” - a dialogue without words, expressed through every stride, every smile along the course, and the warmth of a city that opens its arms to welcome all.



 www.chiangmaiinternationalmarathon.com

 [ChiangMaiInternationalMarathon](https://www.facebook.com/ChiangMaiInternationalMarathon)

完成獎牌 Finisher Medal

凡於大會指定時限內完成活動之參加者，均可於終點區獲贈完成獎牌乙個，以作鼓勵。

Participants who complete the run within the official time limit will receive one finisher medal at the finish area as a mark of achievement.



馬拉松完成獎牌
Marathon Finisher Medal

半馬拉松完成獎牌
Half Marathon Finisher Medal

十公里完成獎牌
10km Finisher Medal

比賽成績及完成證書 Race Results & Finisher Certificate

- 凡於官方時間內完成賽事之參加者，可掃描號碼布上的二維碼查閱個人比賽成績。
- 電子證書將於活動結束後 48 小時內透過相同的 QR 碼提供下載。
- Participants who finish the run within the official time may check their individual race results by scanning the QR code printed on their bib.
- E-certificates will be available for download via the same QR code within 48 hours after the event.

頒獎典禮 Award Ceremony

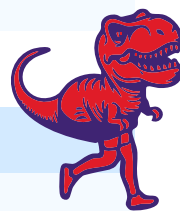
- 頒獎典禮將於活動當日上午舉行。得獎者請於大會公佈成績後，立即前往頒獎台附近之「得獎者召集處」報到並等候領獎。
- 如未能親身上台領獎，請即通知現場工作人員以安排其他領獎方式。
- 得獎者須出示身份證或護照正本以核實身份。
- The award ceremony will take place on the morning of event day. Winners are required to report immediately to the Winner's Assembly Area near the stage once the results have been announced, and wait to be called for the presentation.
- Winners who are unable to attend the ceremony in person must inform on-site staff immediately to arrange an alternative method of prize collection.
- Winners must present a valid identity card or passport for identity verification.

賽果上訴 Race Result Appeal

- 大會將於活動當日現場公佈各組別得獎名單，參加者如對賽果有異議，必須於成績公佈後 15分鐘內 向大會提交「上訴申請表格」，並繳付港幣 \$100 上訴費用。
- 如上訴被駁回，所繳費用將不獲退還。
- 大會將於 2025年11月23日 在網上公佈所有參加者成績。
- 如對成績有任何爭議或需提出上訴，請於 2025年11月30日 前電郵至 streetathon@runourcity.org。
- 大會保留權利不接納任何於 2025年12月1日或以後 提出的爭議或上訴。
- The event organiser will announce the winners for each category on-site on event day. Participants wishing to appeal the results must submit a Race Result Appeal Form within 15 minutes of the announcement and pay an appeal fee of HKD \$100.
- If the appeal is unsuccessful, the fee will not be refunded.
- Final race results will be published online on 23 November 2025.
- Any disputes or appeals regarding the results must be submitted by email to streetathon@runourcity.org no later than 30 November 2025.
- The event organiser reserves the right to reject any disputes or appeals received on or after 1 December 2025.

活動日前 Before Event Day

- **緊急應變知識：**
了解抽筋處理方法、補水與電解質時機，並備有能量補充棒及冷凍噴劑。
- **防曬與保暖：**
根據天氣預報準備帽、袖套、風衣或即棄雨衣。
- **Emergency Know-How:**
Learn how to manage cramps, hydrate effectively, and use electrolyte supplements. Carry energy gels and cooling spray if needed.
- **Sun & Warm Protection:**
Prepare according to the forecast — bring a hat, sleeves, windbreaker, or disposable rain poncho.



活動當日 Event Day

- **熱抽筋預防：**
11月天氣仍偏暖，跑手散熱慢，易出現肌肉抽搐。注意補水與電解質，避免體能透支。
- **路面狀況：**
秋季天氣乾爽，路面濕滑情況相對較少，有利跑手穩定發揮。不過，賽道設計上仍具挑戰性，尤其是坡道變化。全馬及半馬跑手起步後短時間內需應付多段上落坡幅，對膝頭及腳蹠造成較大負荷。跑手於開跑前必須進行充足熱身，特別針對下肢肌群，以減少受傷風險。
- **日出影響：**
十公里組起步時間較遲，日照強烈，路面升溫快，需特別留意身體反應。
- **常見不適與預防：**
膝蓋、小腿筋腱、腳蹠疼痛、抽筋、哮喘、心胸悶悶等，應即時求助急救人員。
- **Heat & Cramp Prevention:**
November can still be warm. Runners may overheat easily, so stay hydrated and replenish electrolytes to avoid burnout.
- **Road Conditions:**
Dry autumn weather offers stable footing, but the course includes challenging slopes—especially the early part of the marathon and half marathon race course. Warm up thoroughly, focusing on lower body muscles.
- **Sun Exposure:**
The 10km run will start later in the morning, with stronger sunlight and rising temperatures. Monitor your body's response.
- **Common Discomforts:**
Knee pain, calf strain, heel soreness, cramps, asthma, or chest tightness—seek help from medical staff immediately if symptoms occur.



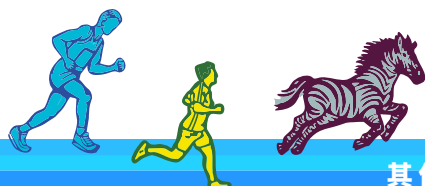
大會急救支援安排 On-Course Medical Support

- **急救站：**
賽道沿途設有27個急救站及2個醫務站，由香港聖約翰救護機構提供，分佈於起點、終點、補給站及隧道段等關鍵位置。
- **工作人員及急救人員分佈：**
賽道每100至200米均有工作人員駐守，並於每2-3公里設有急救人員，確保跑手隨時獲得支援。
- **切勿「死頂」：**
如出現抽筋、扭傷、心胸不適等情況，應立即停下並尋求協助，切勿勉強完成，以免加重傷勢。
- **First-aid stations:**
27 first-aid stations and 2 sickbays are set up along the route, including at the start, finish, water stations, and tunnel sections. These are operated by Hong Kong St. John Ambulance, ensuring professional care throughout the course.
- **Staff Presence:**
Race marshals are stationed every 100–200 meters, with medical personnel every 2–3 km to provide guidance and assistance.
- **Don't push beyond limit:**
If you experience cramps, injury, or chest discomfort, stop immediately and seek help. Continuing may worsen your condition.



跑後恢復貼士 Post-run Recovery Tips

- **緩和運動：**
完賽後進行伸展與放鬆運動，幫助身體逐步回復正常狀態。
- **補充水分與營養：**
適量補充水分與碳水化合物，協助身體修復與恢復能量。
- **休息與觀察：**
跑後至少休息15分鐘，留意身體反應，如有不適應即尋求醫療協助。
- **Cool Down & Stretch:**
Do gentle stretches and relaxation exercises to help your body return to normal.
- **Rehydrate & Refuel:**
Drink water and consume carbohydrates to aid recovery and restore energy.
- **Rest & Monitor:**
Rest for at least 15 minutes after finishing. If you feel unwell, seek medical attention promptly.





歡迎大家到以下地點為各位跑友打氣！

Join us in the following areas to cheer up our runners!



大會打氣 Official Cheering	大會音樂表演 Official Music Performance	位置 Location	馬拉松 Marathon	半馬拉松 Half Marathon	十公里 10km	建議打氣時間 Suggested cheering time	如何到達 How to get there
		茶果嶺村天后廟對面 (行人路) Opposite of Tin Hau Temple, Cha Kwo Ling				8:00-11:15	油塘港鐵站 步行17分鐘 17 mins walk from Yau Tong Station
		茶果嶺海濱公園 (泵房) Cha Kwo Ling Promenade (Pumping Station)				8:00-11:25	藍田港鐵站 步行15分鐘 15 mins walk from Lam Tin Station
		茶果嶺海濱 寵物共享公園 Inclusive Park for Pets, Cha Kwo Ling Promenade				8:00-11:25	藍田港鐵站 步行15分鐘 15 mins walk from Lam Tin Station
		觀塘祥業街 行人路 Cheung Yip Street, Kwun Tong				8:00-11:50	牛頭角港鐵站 步行17分鐘 17 mins walk from Ngau Tau Kok Station
		觀塘海濱花園 5號入口 No. 5 Entrance, Kwun Tong Promenade				8:00-12:00	牛頭角港鐵站 步行10分鐘 10 mins walk from Ngau Tau Kok Station
		觀塘海濱道 活動中心2號外 Outside of Aquabeat 02, Hoi Bun Road, Kwun Tong				8:00-10:10	牛頭角港鐵站 步行10分鐘 10 mins walk from Ngau Tau Kok Station
		觀塘海濱匯外 Outside of The Quayside, Kwun Tong				7:00-12:00	牛頭角港鐵站 步行10分鐘 10 mins walk from Ngau Tau Kok Station
		海濱道宏利大樓外 Manulife Tower, Hoi Bun Road				8:00-12:00	牛頭角港鐵站 步行10分鐘 10 mins walk from Ngau Tau Kok Station
		啓福道 行人天橋 (Emax中國石化旁) Footbridge, Kai Fuk Road (next to SINOPEC)				8:00 - 11:00	九龍灣地鐵站 步行23分鐘 23 mins walk from Kowloon Bay Station



我們承諾：致力推動個人長遠發展及社會長遠效益

Our Commitment: STREETATHON's Model for Long-Term Community Growth & Social Impact

我們繼續聯同一眾慈善機構及非政府組織，以聯合國17項可持續發展目標為框架，積極推動七大可持續發展目標，包括：關注良好健康與福祉 (目標 3)、性別平等 (目標 5)、減少不平等 (目標 10)、可持續城市及社區 (目標 11)、負責任消費與生產 (目標 12)、氣候行動 (目標 13)、及促進目標實現的夥伴關係 (目標 17)，攜手打造最具意義的遊樂馬拉松！

In collaboration with various charitable organisations and NGOs, and in alignment with the 17 Sustainable Development Goals created by the United Nations, we are focusing our efforts on 7 pivotal areas: good health and well-being (Goal 3), gender equality (Goal 5), reduced inequalities (Goal 10), sustainable cities and communities (Goal 11), responsible consumption and production (Goal 12), climate action (Goal 13), and partnerships for the goals (Goal 17). By advocating these goals, we aspire to organise a meaningful and rewarding HONG KONG STREETATHON for all participants!



We support the Sustainable Development Goals

同時，透過街馬開放平台，我們為多間慈善機構籌款，以創造更龐大的社會效益！

Furthermore, our STREETATHON platform facilitates fundraising for NGOs, creating a more profound positive impact in our community.

非政府組織、慈善機構/項目合作夥伴 Charity Organisations, NGOs

香港失明人健體會
BLIND SPORTS HONG KONG

香港家庭福利會
HONG KONG FAMILY
WELFARE SOCIETY

香港社區組織協會
SOCIETY FOR COMMUNITY
ORGANIZATION

貝智基金
BRIDGE FOUNDATION

香港婦女中心協會
HONG KONG FEDERATION
OF WOMEN'S CENTRES

不倒翁共融運動協會
ROLY POLY INCLUSION
SPORTS ASSOCIATION

明愛青少年及社區服務
CARITAS YOUTH AND
COMMUNITY SERVICE

香港聖公會麥理浩夫人中心
家庭活動及資源中心
H.K.S.K.H. LADY MACLEHOSE CENTRE -
FAMILY ACTIVITY & RESOURCE CENTRE

香港小童群益會
THE BOYS' & GIRLS' CLUBS
ASSOCIATION OF HONG KONG

兒童發展協會
CHILD BUILDER

香港傷健共融網絡 - 猛龍長跑隊
HONG KONG NETWORK FOR
THE PROMOTION OF INCLUSIVE SOCIETY -
THE FEARLESS DRAGON RUNNING TEAM

綠惜地球
THE GREEN EARTH

基督教家庭服務中心
CHRISTIAN FAMILY
SERVICE CENTRE

香港遊樂場協會
HONG KONG PLAYGROUND ASSOCIATION

香港青年協會
THE HONG KONG FEDERATION
OF YOUTH GROUPS

醫護行者
HEALTH IN ACTION

香港伸展運動學會
HONG KONG
STRETCHING EXERCISE ASSOCIATION

香港心理衛生會
THE MENTAL HEALTH ASSOCIATION
OF HONG KONG

匡智會
HONG CHI ASSOCIATION

葉鄭玉霞癌症伸展運動基金會
KATHY YIP CANCER STRETCHING
EXERCISE FUND

世界自然基金會香港分會
WWF HONG KONG

香港青少年服務處
HONG KONG CHILDREN &
YOUTH SERVICES

跑步團體/項目合作夥伴 Running Clubs Partners

全城跑團
CITY RUNNERS

奮進跑步會
WORLD RUNNING CLUB

RUNNING MAN
ATHLETIC CLUB

逆閃堂
THE REVERSE FLASH RUNNING TEAM

SCIMAX SPORTS LIMITED

學校合作夥伴 School Partners

佛教筏可紀念中學
BUDDHIST FAT HO
MEMORIAL COLLEGE

炮台山循道衛理中學
FORTRESS HILL METHODIST
SECONDARY SCHOOL

BYD 及 DENZA 支持 綠色措施 GREEN MEASUREMENT SUPPORTED BY BYD & DENZA

跑入城市，聯繫香港人的「嘉里香港街馬2025」，延續歷屆對香港的熱愛，特別推出更多綠色措施，鼓勵跑手們一起為愛我城及愛土地出一分力！

KERRY HONG KONG STREETATHON 2025 runs into the city and connects the community – it's no surprise that, for the love of our city, we continue to GO GREEN!

由小做起 STARTING FROM SMALL

大會建議選手使用可重用的扣針或者號碼布帶取代號碼布扣針。環保教育不單要由小做起，更加要由小物件做起！

We recommend using re-usable pins and bib belts to replace the bib pins. Environmental protection education starts from a young age and the small things!

回收分類 RECYCLING

大會與綠惜地球合作，將於終點會場設置回收桶作分類回收安排，以及安排環保大使協助跑手進行回收分類。歡迎跑手積極配合，把飲用完的膠樽或食用後的蕉皮等放進回收桶，減少廢物產生！

Partnering with The Green Earth, recycling bins will be provided and Green Ambassadors will be stationed at the finish venue. Please do your part by sorting and disposing your recyclable rubbish into the correct recycling bins. With your contribution, we can Waste Less, Save More!

碳審計 Carbon Audit

大會今年將為活動進行全面碳審計，全面評估活動期間的溫室氣體排放，以進一步優化環保措施，推動活動邁向可持續發展。

The event will undergo a comprehensive carbon audit this year to assess the greenhouse gas emissions generated, with the aim of further optimising environmental measures and supporting its transition towards sustainability.

自攜水樽/水杯 BRING YOUR OWN BOTTLE / CUP

大會將於起點及終點會場設置自助水站，鼓勵跑手自攜水樽或水杯，攜手推動綠色賽事；賽道沿途亦設有自助水站供自攜水樽的跑手使用，並因應賽事實際需要，所有水站仍會提供水杯，以照顧不同跑手的補水安排。今年，保柏香港繼續支持香港街馬，於茶果嶺海濱寵物共享公園設立「保柏站」，為十公里跑手提供環保共享水杯，沿途補水，推動「走塑」理念，綠惜每一步。

Self-service water stations will be set up at both the start and finish venues, and runners are encouraged to bring their own water bottles or cups to support a greener race. Additional self-service water stations will be available along the course for runners carrying their own bottles. To meet practical race needs, all water stations will continue to provide water cups. This year, Bupa Hong Kong continues its support for HONG KONG STREETATHON by setting up the “Bupa Station” at the Inclusive Park for Pets, Cha Kwo Ling Promenade, offering reusable shared cups for 10KM runners to stay hydrated along the way and promote plastic-free, eco-friendly running.

衣物回收站 CLOTHING RECYCLING STATIONS

大會分別於兩個起點設置衣物回收站，讓跑手於上線前將衣物放入回收箱，大會將衣物捐到不同非牟利團體，務求將大部份回收後的衣物轉贈予有需要的人士。各機構會盡量善用所收集的舊衣，循環再造，亦會將適合的舊衣轉售到對舊衣物有需求的國家。我們十分珍惜跑手所捐出的衣物，將盡力確保回收機構妥善處理，發揮這些衣物的最大價值，支持及推廣環保工作。

The event will establish clothing recycling stations at two starting points, allowing runners to drop off their clothing in recycling bins before the race starts. The collected items will be donated to various non-profit organisations, aiming to provide most of the recycled clothing to those in need. The organisations will strive to make effective use of the collected garments by recycling and repurposing them, and will also sell appropriate second-hand clothing to countries in need. We highly value the clothing donated by runners and will do our utmost to ensure that the recycling organisations manage these items properly to maximise their value. This initiative supports and promotes environmental sustainability.

物資捐贈 FOOD & BEVERAGE DONATION

於補給站未派發出之食物及飲品，大會將安排捐贈予慈善機構，從而轉贈有需要人士。

Undistributed food and beverage products from the race refreshment points will be donated to charity organisations to send to people in need.

電子版跑手須知 E-RUNNER GUIDE

我們以電子版跑手須知取代以往的印刷版，減少製造大量紙張，既可為環保出一分力，亦方便跑手隨時隨地翻看須知內容。

The electronic runner guide will replace the printed version so we can reduce our paper consumption. Runners can easily check the race information on the e-runner guide from their mobile or electronic device.

大會規則

A 一般規則

- A1. 如果主辦單位發現參加者違反或犯下（視情況而定）以下任何官方規則，主辦單位保留取消任何人士參加賽事的資格及取消其賽事成績的權利，並進一步禁止及禁止該人士參加主辦單位未來舉辦的賽事、比賽及活動，包括但不限於未來的香港街馬：
- A1.1. 參加者作出或企圖作出任何違反香港特別行政區法律及香港特別行政區國安法的行為。
- A1.2. 參加者在活動或與活動有關的其他場所或區域進行或試圖進行任何形式的示威或政治、宗教或種族宣傳。
- A1.3. 參加者行為構成不利國家安全的情況。
- A1.4. 參加者攜帶和/或展示任何涉及侮辱性、威脅性、歧視性、宗教性或政治性的橫幅、海報、標語、傳單、服飾、紋身或宣傳品。
- A1.5. 嚴禁攜帶危險物品（即攻擊性武器、易燃、易爆製劑或妨礙其他參與者的材料/物品等）。違反此規則的人將被要求立即離開賽道，此類情況可能會報告給執法機構。

B 已接納的報名

- B1. 參賽資格、號碼布和計時芯片均不可轉讓。違反者將被取消參賽資格，報名費將不予退還。
- B2. 對在報名表上提供不正確或不真實的個人資料/詳情的人士，主辦單位保留取消有關人士參賽資格、將有關人士逐出比賽。在任何此類情況下，報名費將不予退還。
- B3. 攜帶嬰幼兒或 10 歲以下兒童或未佩戴有效號碼布參加嘉里香港街馬 2025 的參加者不得進入賽道。違反此規則的人將被要求立即離開賽道。
- B4. 參加者如未按主辦單位指定的組別及起跑時間起跑，將被取消參賽資格。大會不會向此類參加者頒發任何結果和證書。

C 比賽途中

- C1. 不允許攜帶寵物或任何形式的帶輪子的交通工具，例如輪椅、自行車、溜冰鞋、手推車、帶內置或附加滾輪的鞋子等。
- C2. 參加者不得在比賽中使用任何外部輔助設備（假肢除外）。
- C3. 如果賽事總監、裁判、賽事工作人員、醫務人員或保安人員要求，參加者必須立即退場並離開賽道。
- C4. 有權或可能有權獲得獎項的參加者如欲就成績提出申訴，必須在正式公佈成績後 15 分鐘內向終點區的裁判員提出書面申訴，並繳納 100 港元。如果上訴不成功或被撤回，押金將被沒收。主辦單位保留不受理在截止時間後提交的任何爭議或申訴的權利。
- C5. 對於沒有獲獎資格的參加者，如對個人成績有異議，必須在大會官方網站公佈成績後 7 日內以書面形式提出。

主辦單位擁有唯一和最終的決定權和確定參加者是否違反、違背或執行了上述任何規則。

活動條款及細則

1 報名

- 1.1 參加者一旦完成報名程序，等同已聲明並同意遵守及接受在此及其後所有大會引入之條款及細則，及大會規則。
- 1.2 參加者明白及同意活動屬自願參與性質，參加者願意承擔一切風險及責任，並無權向主辦單位／包括大會、活動策劃及贊助商／支援機構追討由往返活動場地中、活動中發生或其他原因而引致之自身受傷、意外、死亡或任何形式的損失索償或追究責任。
- 1.3 每位參加者必須確保身體健康狀況是適合參加是次活動。主辦單位在懷疑的情況下，保留取消任何不適宜參加者參加的權利，而相關人士必須接受主辦單位的決定。
- 1.4 參加者必須確保在報名表格上之資料正確無誤。
- 1.5 參加者須於截止日期或之前遞交報名，名額有限，先到先得。
- 1.6 主辦單位／活動策劃有權提早截止報名日期，而不作任何通知。
- 1.7 凡未滿 18 歲的參加者必須獲得家長或監護人同意才可參加。
- 1.8 參加者需按各活動的年齡要求參與（如適用），違例者將被即時取消參加資格及被要求離開賽道／有關活動場地。
- 1.9 若參加者在活動期間因任何行為、過失或蓄意破壞而導致主辦單位支付額外開支，必須對主辦單位作出合理之賠償。
- 1.10 大會已購買公眾責任保險，但不包括個人意外保障。為保障個人安全，參加者應自行購買個人意外保險及按需要而購買其他合適的保險。
- 1.11 主辦單位保留更改大會條款及細則之權利。如有任何爭議，主辦單位保留最終決定權。

2. 賽事

- 2.1 每位參加者必須確保身體健康狀況是適合參加並完成是次活動。主辦單位在懷疑的情況下，保留取消任何不適宜參加者參加的權利，而相關人士必須接受主辦單位的決定。
- 2.2 主辦單位擁有一切決定權，按照參賽者填報的個人最佳成績，安排參賽者分批進行賽事。
- 2.3 參加者須把號碼布掛在上衣正面並清楚展示號碼。
- 2.4 參加者須自行保存好號碼布，主辦單位將不會重發號碼布。
- 2.5 參加者必須準時進入每組的等候區等候安排，否則將會被取消資格。
- 2.6 參加者於必須按指示進行安全檢查及隨身行李之搜查，方可進入起步區。未能通過檢查的參加者將被要求離開活動場地。
- 2.7 參加者不得騷擾或防礙其他參加者進行活動／比賽，違例者會被取消參加資格及被要求離開有關活動場地。
- 2.8 參加者如需要醫療輔助，可通知在場工作人員或致電印在號碼布上的大會緊急熱線。
- 2.9 比賽期間不得作弊，一經發現，違例者會被取消參加資格。
- 2.10 若任何組別之報名人數少於3人或3隊，該組別所設之獎項將被取消。
- 2.11 所有獎項及名次均以大會時間計算。
- 2.12 如對於獎項及名次有任何爭議，主辦單位/活動策劃保留最終決定權。
- 2.13 參加者領獎前，需要向大會出示身份證明文件，包括：香港身份證、護照、殘疾人士登記證等，以核實身份。
- 2.14 大會將頒發電子完成證書予所有在大會時間的賽事及場次合乎資格之參賽者，有關電子完成證書紀錄大會將保存至活動完結後兩個月內。參加者須於有效期內自行下載及保存有關電子完成證書，大會不會補發逾期電子完成證書。如參賽者未能完成賽事，或未有按指定的起跑時間或組別起步，其參賽資格將會被取消及不會獲頒發任何獎項或證書。

3. 天氣

- 3.1 若香港天文台在比賽當天(即2025年11月23日，星期日)早上3時正或以後發出3號或以上熱帶氣旋信號、紅色或黑色暴雨警告信號，比賽將會取消。參加者敬請在比賽前一晚留意天氣情況及預報，尤其注意在可預期之時段內可能發出之熱帶氣旋信號、紅色或黑色暴雨警告信號。有關活動安排，請於活動當日早上3時正開始留意各大電台或電視台之廣播。
- 3.2 強風安排：若比賽當天(即2025年11月23日，星期日)將軍澳跨灣連接路，香港特別行政區政府可能會因為在大橋上的風速達到40公里並持續一段時間，而決定封閉行人路及單車徑，大會將會相應縮減全馬及十公里賽事將軍澳跨灣橋受影響之路段的賽道。請於活動當日早上3時正開始留意大會短訊提示，以及各大電台或電視台之廣播。

4. 活動取消及退款

- 4.1 如比賽因天氣或任何非大會所能控制的情況之下於比賽日前十四日之後(即2025年11月10日，星期一)被迫取消，所有報名費將不獲退還。如賽事於比賽日前十四日(即2025年11月9日，星期日)或之前被迫取消，不多於百分之五十之報名費將會獲得退回。若果因天氣或任何非大會所能控制的情況下比賽被迫取消，所有捐款將不獲退還。除此以外，大會不會負有任何因應相關項目取消的其他責任。

不可抗力

包括但不限於大會由於火災、水災、地震，或其他嚴重天然災害或天災，或由於抗議、暴動、公民抗命、起義、遊行、造反、集會、示威、佔領、騷亂、大型集會、戰爭、叛亂、蓄意破壞、疫情、傳染病，或恐怖襲擊或可能發生上述事件或行動而未能履行其責任或安排或舉辦比賽。如各項賽事的參賽名額，因應香港政府要求而有所下調，或因應新型冠狀病毒或其他傳染病而就賽事的各項安排、要求及章則有所調整，亦將被視為不可抗力情況。

- 4.2 所有報名完成付款後均不可退款，重複報名者將不獲發還重複報名的費用，活動名額不可轉移到其他申請人或賽事。若參加者容許他人用其參賽號碼布／活動名額，此參加者及代跑者將會被取消參加資格及不容許參加將來的活動。
- 4.3 主辦單位保留權利取消任何觸犯、違反或不遵守任何大會規則、活動條款及細則人士的參賽成績。被取消資格參加者的報名費，將不獲退還（適用於競賽活動）。
- 4.4 主辦單位擁有修改及解釋以上大會規則、條款及細則的權利。任何有關活動的臨時改動或取消，將以活動網站公佈為準。

Official Rules

A. General

- A1. The Organiser reserves the right to disqualify any person from and nullify his/her result of the Event and further to forbid and prohibit such person from participating in future races, competitions and events organised by the Organiser including but not limited to future HONG KONG STREETATHON if a participant is found by the Organiser to have violated or committed (as the case may be) any of the following Official Rules:
- A1.1. The participant commits or attempts to commit any act which is in violation of the laws of HKSAR, including the National Security Law and Safeguarding National Security Ordinance.
- A1.2. The participant carries out or attempts to carry out any kind of demonstration or political, religious or racial propaganda at the Event or other venues or areas relating to the Event.
- A1.3. Participant's act is contrary to the interest of national security.
- A1.4. Participant brings any banners, posters, placards, leaflets / publicity, outfits and/or displaying tattoos or materials which are considered abusive, threatening, discriminatory, religious or political.
- A1.5. Dangerous goods (i.e. offensive weapons, flammable, explosive agents or materials/objects which obstruct other participants, etc.) are strictly prohibited. Those who violate this rule will be asked to leave the course immediately and such cases may be reported to the Law Enforcement Agency.

B. Eligibility

- B1. Entries, bibs, and timing chips are non-transferable. Violation will result in disqualification and no refund of entry fee will be entertained.
- B2. The Organiser reserves the right to disqualify, exclude the relevant person from the race, and take disciplinary action against any applicants who have provided incorrect or untrue personal data/details on their entry form. No refund of entry fee will be entertained under any such circumstances.
- B3. Participants who are with an infant or a child aged under 10 or who do not wear the valid bib for the HONG KONG STREETATHON are not allowed to enter the racecourse. Those who violate this rule will be asked to leave the course immediately.
- B4. Participants will be disqualified if they do not start at the designated race category and start time assigned by the Organiser. No result and certificate will be issued to such participants.

C. During the Race

- C1. No pets or any form of wheel-run objects of transport, e.g. wheelchair, bicycles, skates, trolleys, shoes with built-in or attached rollers, etc, are allowed on the course.
- C2. Participants must not use any external auxiliary equipment in the race (except prosthetic limb(s)).
- C3. Participants must retire and leave the race course immediately if requested to do so by any member of the race officials, medical staff, race director, referees or security staff.
- C4. Participants entitled or potentially entitled to award wishing to appeal their result must submit their appeal in writing to the Result Referee at the finish area, with a deposit of HKD100 within 15 minutes after the official result announcement. The deposit will be forfeited if the appeal is not successful or is withdrawn. The Organiser reserves the right not to entertain any dispute or appeal submitted after the deadline.
- C6. For participants with no entitlement or potential entitlement to award, any disputes regarding their personal result must be submitted in writing within 7 days after the results are announced on the official Marathon website.

The Organiser has the sole and final decision-making power to determine whether a participant violates, contravenes or complies with any of the above rules

Event Terms & Conditions

1. Entries

- 1.1 Upon submitting his/her application, an applicant declares that he/she agrees to and accepts these Event Terms & Conditions, the Official Rules and all other rules and regulations which may be adopted by the Organiser from time to time.
- 1.2 Participants understand and agree that participation in the Event is voluntary and at the own risk of participants. Each participant agrees to absolve the Organizer and any sponsor and/or supporting organizations from any and all liabilities arising from bodily injuries, accidents, death or other losses during or caused by travelling to and from the event venue during the event or whatsoever reason.
- 1.3 Each participant shall be physically fit and have the ability to participate in the Event. The Organizer/ reserves the right to disallow/disqualify any person who is known or suspected by the Organizer to be physically unfit to participate in the Event and such person shall accept such decision of the Organizer accordingly.
- 1.4 All information provided by a participant in the registration form must be true and accurate.
- 1.5 All entries must be submitted no later than the registration deadline. Entry is available on a first-come, first-served basis.
- 1.6 The Organizer reserves the right to close the registration any time, whether before or after the registration deadline specified, without prior notification.
- 1.7 Participants aged 18 or below must obtain consent by a parent/guardian.
- 1.8 All participants should register according to the age requirement of each category respectively (if applicable). Offenders will be disqualified and requested to leave the race course/ event venue.
- 1.9 Participants shall indemnify and/or reimburse the Organizer in respect of any additional expenses or costs incurred by the Organizer arising from or in connection with any fault or action or behaviour of such Participants during participation in the Event.

- 1.10 Public liability insurance is covered by the Organizer. This does not include personal accident insurance. It is recommended that all participants purchase your own personal accident insurance and other relevant insurance according to your needs.
- 1.11 The Organizer reserves the right to amend the program of the rules and regulations. Should there be disputes, the Organizer reserves the right to the final decision.

2. During the Race

- 2.1 Each participant shall be physically fit and have the ability to participate and finish the Event. The Organizer reserves the right to disallow or disqualify any person who is known or is suspected by the Organizer to be physically unfit to participate in the Event and such person shall accept the decision made the Organizer accordingly.
- 2.2 The Organizer reserves the right to divide the participants according to the best personal results they declared into various groups. The groups will start at different times to avoid unnecessary congestions.
- 2.3 Participants should place your race bib visibly on the front of your top clothing with the participant number shown clearly.
- 2.4 Participants shall keep their own race bib securely. The Organizer would not re-issue a new race bib under any circumstances.
- 2.5 Participants should enter the waiting zone on time, or otherwise be disqualified from the race competitions.
- 2.6 Participants must undergo security checks and have their belongings searched as instructed before they can enter the starting area. Participants who fail the checks may be asked to leave the event venue.
- 2.7 Participants must not harass or impede other participants from conducting activities / competitions. Offenders will be disqualified and requested to leave the event venue.
- 2.8 If first aid assistance is needed, please inform the race and event staff or call the emergency contact number printed on your race bib.
- 2.9 Cheating in the game is also not allowed. Offenders will be disqualified once found.
- 2.10 If there are fewer than 3 participants or 3 teams in any category, the award will be cancelled.
- 2.11 Official Times will be used for determining the prizes and positions.
- 2.12 Should there be disputes of the prizes and positions, the Organizer reserves the right of the final decision.
- 2.13 Race Winners will be required to present their identification including HK identity card, passport or Registration Card for People with Disabilities for verification.
- 2.14 E-certificate of Achievement will be issued to all qualified participants with an Official Time in all races and categories. It will be kept for two months after the Event. Participants are required to download and store it themselves within the validity period, and the Organizer will not issue late e-certificates. Participants who do not start the race according to the designated start time and assigned registered race category and participants who do not complete the race, shall not be entitled to any awards and certificates.

3. Weather

- 3.1 The Event will be cancelled if tropical cyclone warning signal no.3 or above, or a red or black rainstorm signal is hoisted by the Hong Kong Observatory at 3:00 am or thereafter on the race day (i.e. Sunday, November 23, 2025). Please pay special attention to the weather forecast the night before the Event as it will indicate whether tropical cyclone warning signals, red or black rainstorm signals are likely to be hoisted in the forthcoming period. Please follow updates on the radio or TV announcements regarding the status of the Event from 3:00 am onwards on the Event day.
- 3.2 Strong Wind Arrangement: On the day of the event (Sunday, November 23, 2025), if the wind speed on the Tseung Kwan O Cross-Bay Link reaches 40 km/h and sustains for a period of time, the government may decide to close the pedestrian walkway and bicycle lane. In this case, the organizer will shorten the affected section of the Tseung Kwan O Cross-Bay Link in the full marathon and 10km courses. Please pay attention to announcements broadcasted and sent via SMS on the day of the event.

4. Event Cancellation and Refund Policy

- 4.1 Should the Event be cancelled due to weather or any circumstances beyond the control of the Organiser within 14 days before the scheduled date of the Event i.e. 10 November 2025, Monday, no refund of entry fees paid will be return to applicant. Should the Event be cancelled due to weather or any circumstances beyond the control of the Organiser 14 days before the scheduled date of the Event i.e. 9 November 2025, Sunday, a sum no more than 50% of the entry fee paid will be refund to the applicant. All donation made to the Organiser are not returnable should the Event be cancelled due to weather or any circumstances beyond the control of the Organiser. The Organiser shall have no other responsibilities and/or liabilities in relation to cancellation of the Event.
Force Majeure
Includes and is not limited to the Organiser being unable to perform its obligations or organise or hold the Event due to fire, flood, earthquake, or other severe natural disaster or act of God; or due to protest, riot, civil disobedience, uprising, march, revolt, assembly, demonstration, occupation, commotion, mass gathering, war, insurrection, sabotage, pandemic, epidemic, or terrorist attack or the likelihood of such event or act. A reduction of the approved quota by the Hong Kong SAR Government or an imposition of COVID-19 measures or other pandemic by the Hong Kong SAR Government which are more stringent than those already approved by the Hong Kong SAR Government shall be deemed to be a Force Majeure.
- 4.2 No refund is allowed after registration is completed. Registration fee paid for duplicate entries will not be refunded and places cannot be transferred to another applicant or race. If a participant allows another party to attend on his or her behalf, both participant and the runner who run on behalf of the participant will be disqualified and might not be allowed to participate in future events.
- 4.3 The Organizer reserves the right to disqualify any person and / or nullify his or her result due to any violation of the Official Rules of the Event. No refund will be accommodated in the case of disqualifications (applicable to races).
- 4.4 The Organizer reserves the right to make the final decision of the event. Any changes or contingent measures for the event announced by the Organizer and posted on the event's website shall prevail.